

QNT

NUTRITION FOR SPORTS & LIFE

EAT WELL, FEEL WELL AND LOOK WELL!

**WE BUILD
CHAMPIONS**

QUALITY & CERTIFICATION

At QNT, from the thinking process, quality is already at the forefront!

All of our products are developed with high quality ingredients. They are all manufactured in Europe, following very strict standards set for the production of nutritional supplements as well as Sports Nutrition in certified facilities such as HACCP, GMP, GMD FREE, ISO9001 and ISO22000. In order to obtain perfect regularity, we control the production from the beginning to its very end.

According to us, there are many other essential aspects : we make a point of ensuring efficient logistics and an optimal traceability, all of our products are registered and notified among the European authorities, etc.

To conclude, we constantly work on our quality management system's optimisation, so that we can keep the promises made to our consumers and we continue to earn and deserve their trust.



INDEX

<i>METAPURE LINE</i>	04	<i>PROTEIN SHAKE</i>	30
<i>LIGHT DIGEST HEALTHY LINE</i>	08	<i>WEIGHT GAINER</i>	31
<i>ALL VEGAN</i>	14	<i>DRINKS</i>	32
<i>VITAMINS & MINERALS</i>	16	<i>PROTEIN BARS</i>	36
<i>HEALTH NUTRITION</i>	18	<i>SHOTS</i>	40
<i>FAT BURNERS</i>	19	<i>EXTREME SPORTS</i>	43
<i>MUSCLE POWER</i>	22	<i>ENERGY LINE</i>	49
<i>MUSCLE FORCE</i>	24	<i>EASY BODY</i>	53
<i>MUSCLE CUT & LIBIDO</i>	25	<i>ACCESSORIES</i>	57
<i>BCAA'S</i>	26	<i>MERCHANDISING</i>	59
<i>AMINO ACIDS</i>	27		
<i>CASEIN PROTEIN</i>	28		
<i>WHEY PROTEIN</i>	29		

WE BUILD CHAMPIONS

Unmatched product quality for optimal performance

“ HEAD OFFICE



91%
PROTEIN



100% WHEY PROTEIN ISOLATE MUSCLE TONE LACTOSE AND CARBS FREE

METAPURE IS AT THE LEADING EDGE OF TECHNOLOGY, THANKS TO ITS UNIQUE MANUFACTURING PROCESS! EXCLUSIVELY COMPOSED OF ULTRA-FILTERED WHEY PROTEIN ISOLATE AND ZERO CARBOHYDRATES, THIS FORMULA IS EASILY DIGESTIBLE. IT ALSO CONTAINS ESSENTIAL AMINO ACIDS, INCLUDING BCAA'S. IT IS SUITED FOR ALL ATHLETES AND CAN CONTRIBUTE TO MAINTAIN AND INCREASE LEAN MUSCLE MASS.

BE PURE

100% WHEY PROTEIN ISOLATE

SUPPLEMENT FACTS

Serving Size: 30 g (1 full scoop)
Servings per Container: 16,30 & 66
Flavour: Vanilla

	/60 g	/100 g
Energy	224 kcal	372 kcal
Fat	0,6 g	1 g
- Saturates	0,4 g	0,7 g
Carbohydrates	1,6 g	2,6 g
- Sugars	0,8 g	1,3 g
Protein	54,6 g	91 g
Salt	0,26 g	0,45 g
L-Leucine (BCAA)	5706 mg	9510 mg
L-Valine (BCAA)	3354 mg	5590 mg
L-Isoleucine (BCAA)	3528 mg	5880 mg

INGREDIENTS: whey protein isolate (contains milk and soya lecithin), flavour, sweetener E955

ALLERGEN INFORMATION: milk, soya.

MUSCLE TONE

Metapure is at the leading edge of technology, thanks to its unique manufacturing process! Exclusively composed of ultra-filtered whey protein isolate and zero carbohydrates, this formula is easily digestible with a very low lactose content. It also contains essential amino acids, including BCAAs. It is suited for all athletes and can contribute to maintain and increase lean muscle mass.

- Ultra-filtered whey isolate
- Contributes to maintain lean muscle mass
- Zero carb & very low lactose content

Also available in
Single Serving



Flavours **BANANA** **BELGIAN CHOCOLATE** **COCONUT** **LEMON-MERINGUE**
STRAWBERRY **STRAWBERRY/BANANA** **TIRAMISU** **VANILLA**
STRACCIATELLA **YOG.FOREST FRUITS** **RED CANDY**
WHITE CHOCOLATE

Packaging 480 g (16 servings)*, 908 g (30 servings) & 2 kg (66 servings), 30 g (1 serving), Display (10 sachets of 30 g)*

*Only available in Belgian Chocolate, White Choco and Red Candy

Use Mix daily 2 full scoops of 30 g with 500 ml of water



30G PURE WHEY PROTEIN ISOLATE

SUPPLEMENT FACTS

Serving Size: 500 ml
Flavour: Red Fruits

Typical Nutritional Values

	/100 ml	/500 ml
Energy	25 kcal	125 kcal
Fat	0 g	0 g
- saturates	0 g	0 g
Carbohydrates	0,1 g	0,5 g
- sugars	0,1 g	0,5 g
Protein	6 g	30 g
Salt	0,02 g	0,10 g

INGREDIENTS: water, whey protein isolate (milk), flavour, colour E129, anti-foaming agent E900.

ALLERGEN INFORMATION: milk

MUSCLE TONE

Exclusively composed of ultra-filtered whey protein isolate, this extremely refreshing drink contains 30 g of protein per bottle of 500 ml with very low lactose content and zero carbohydrates. Consumed directly after training, it brings the right amount of protein and aminos directly into your system.

- Helps to promote lean, toned and defined muscles
- Helps enhance muscle repair and recovery
- Zero Carb
- Less than 1% lactose

Flavours RED FRUITS LEMON LIME

Packaging 24 x 500 ml

Use 1 bottle daily between meals



AMINO ACID 100% WHEY PROTEIN ISOLATE

SUPPLEMENT FACTS

Serving Size: 500 ml
Flavour: Punch

Typical Nutritional Values

	/100 ml	/500 ml
Energy	57 kcal	285 kcal
Fat	0 g	0 g
- saturates	0 g	0 g
Carbohydrates	11 g	55 g
- sugars	11 g	55 g
Protein	3,2 g	16 g
Salt	0,01 g	0,05 g

INGREDIENTS: water, glucose syrup, whey protein isolate (milk), flavour, maltodextrine, dextrose, colour E129, anti-foaming agent E900, acidifier E330.

ALLERGEN INFORMATION: milk

MUSCLE RECOVERY

Amino Load contains 16 g of pure whey protein isolate and a blend of carbohydrates presenting a high biological value. This fruity drink can contribute to maintain and develop your muscles.

- Contains 16 g of protein per bottle
- Less than 1% lactose

Flavours PUNCH LEMON LIME

Packaging 24 x 500 ml

Use 1 bottle daily between meals



METAPURE GAINER 100% WHEY PROTEIN ISOLATE

SUPPLEMENT FACTS

Serving Size: 50 g (1scoop)
Servings per Container: 36
Flavour: Belgian Chocolate

Typical Nutritional Values

	/50 g	/100 g
Energy	172,5 kcal	345 kcal
Fat	2,55 g	5,11 g
- saturates	0,66 g	1,32 g
Carbohydrates	20,05 g	40,11 g
- sugars	0,24 g	0,48 g
ProteinS	21,84 g	43,69 g
Salt	0,08 g	0,17 g

INGREDIENTS: Oat flour, whey protein isolate (contains milk, emulsifier: sunflower lecithin (E322)), cocoa powder 6%, L-glutamine, flavouring, sweetener: sucralose (E955).

ALLERGEN INFORMATION: milk, gluten. May contain traces of egg, soy.

OATS & ZERO SUGAR

Whey protein isolate combined with oat! This is what QNT exclusively offers to you in its Metapure Mass, a protein isolate that contributes to a growth in lean muscle mass, while remaining incredibly easy to digest. Enriched with L-glutamine and it also contains a natural source of BCAAs.

- Powerful muscle building formula
- Rich in BCAAs from natural source
- Zero Sugar

Flavours BELGIAN CHOCOLATE VANILLA

Packaging 1815 g / 4 lbs (36 servings)

Use Use daily 1 or 2 servings between meals. Mix 1 serving of 50 g with 30 cl of water or skim milk



T-SHIRT

METAPURE T-shirt
100% Cotton / Grey & White
Size: L, XL & XXL



SHAKER

Metapure Shaker white colour
Size: 600 ml (Made in Europe)

— INTRODUCING —
2 EXCITING FLAVOURS



POPCORN / SALTED CARAMEL



Light Digest™ WHEY PROTEIN

NEW GENERATION OF PROTEIN

LIGHT DIGEST WHEY PROTEIN is a new generation of protein, extremely light, which can be used in any program for muscle tone and maintenance, weight loss, recovery. It mixes easily with water or milk and is highly digestible thanks to inuline fibers and whey isolate. Gluten free.

- Helps reduce body fat - less than 80 kcal per serving
- Low sugar & high in fibers

Flavours

BELGIAN CHOCOLATE	COCONUT	CREME BRULEE	BANANA	PISTACHIO
CUBERDON	NEUTRAL	HAZELNUT CHOCOLATE	WHITE CHOCOLATE	
LEMON MACAROON	SWEET POPCORN	SALTED CARAMEL		

Packaging 500 g (25 servings), 40 g (2 servings), Display (12 sachets of 40 g)

Use Mix daily 2 servings with 200 ml water or skimmed milk.



SUPPLEMENT FACTS

Serving Size: 20 g
 Servings per container: 25
 Flavour: Neutral

	/ 20 g	/ 100 g
Energy	77 kcal	384 kcal
Fat	1 g	4,8 g
- Saturates	0,7 g	3,4 g
Carbohydrates	1,6 g	8 g
- Sugars	1,5 g	7,5 g
Fibers	0,7 g	3,3 g
Proteins	15,7 g	78,3 g
Salt	0,09 g	0,44 g
Inuline	660 mg	3300 mg
Chloride (10%*)	80 mg	400 mg
L-Leucine (BCAA)	1712 mg	8560 mg
L-Valine (BCAA)	1014 mg	5070 mg
L-Isoleucine (BCAA)	1046 mg	5230 mg

* Nutrient references values

INGREDIENTS: milk proteins [whey protein concentrate (contains milk), whey protein isolate (contains milk)], inuline, thickening agents: E412/E415, potassium chloride, flavour.

ALLERGEN INFORMATION: milk.



DESSERT PROTEIN

SUPPLEMENT FACTS

Serving Size: 40 g (3 scoop)
Servings per container: 12
Flavour: White Chocolate

Typical Nutritional Values

	/ 40 g	/ 100 g
Energy	161 kcal	401 kcal
Fat	3,60 g	8,99 g
- Saturates	0,80 g	1,99 g
Carbohydrates	10,82 g	27,04 g
- Sugars	2,34 g	5,84 g
Proteins	21,18 g	52,94 g
Salt	0,12 g	0,29 g

INGREDIENTS: milk protein concentrate, modified starch: E1442, fat powder (soybean oil, glucose syrup, milk proteins, antioxidants: E306/E392, stabilizer: E451, anti-caking agent: E551), flavour, dextrose, fructose, sodium chloride, thickeners: E466/E415, sweeteners: E955/E950.

ALLERGEN INFORMATION: milk, soya.

53% PROTEIN PUDDING

DESSERT PROTEIN is a sweet dessert with a high level of proteins (53%) and less than 1g fat per serving. Very pleasant to use in a weight loss program, in a muscle tone program or even for a sports person looking for a low calorie, high protein dessert. With DESSERT PROTEIN the protein consumption becomes a daily pleasure!

- High Protein content
- Less than 1 g fat per serving
- Easy to prepare

Flavours WHITE CHOCOLATE

Packaging 480 g (12 servings)

Use Mix 200 ml of milk or water and 3 scoops (40 g) of powder into a shaker. Shake. Leave in the fridge for few minutes. Serve cold.



BELGIAN WAFFLES PROTEIN

SUPPLEMENT FACTS

Serving Size: 30 g (1 scoop)
Servings per container: 16
Flavour: Milk Chocolate

Typical Nutritional Values

	/ 30 g	/ 100 g
Energy	126 kcal	420 kcal
Fat	4,80 g	15,98 g
- Saturates	1,52 g	5,08 g
Carbohydrates	10,52 g	35,05 g
- Sugars	0,74 g	2,47 g
Proteins	11,26 g	37,54 g
Salt	0,23 g	0,77 g

INGREDIENTS: oat flour (contains gluten), egg powder, whey protein isolate (contains milk, emulsifier E322), milk protein concentrate, cocoa powder (theobroma cacao) 4%, dextrose, flavour, cocoa extract (theobroma cacao), fructose, sodium chloride, thickeners: E466/E415, sweeteners: E950/E955, raising agent: E500(ii), cinnamon extract (cinnamomum cassia).

ALLERGEN INFORMATION: milk, egg, gluten.

MULTIPURPOSE MIX LOW IN SUGAR

BELGIAN WAFFLES PROTEIN are high rated protein waffles (Whey Isolate) with low sugar and calories. They are recommended in a weight loss program or in a high protein need (e.g. for sports results) or even for maintaining muscle tone.

- High protein content with Whey Isolate
- Low sugar

Flavours MILK CHOCOLATE WHITE CHOCOLATE

Packaging 480 g (16 servings)

Use Fill shaker with 60 ml water or skimmed milk and add 1 scoop (30 g) of the mix. Shake the mixture well & pour it in a waffle iron. Bake the waffle. Also suitable for pancakes.



PROTEIN COOKIE

SUPPLEMENT FACTS

Serving Size: 60 g
Flavour: Chocolate Chips

Typical Nutritional Values

	/100 g	/60 g
Energy	422 kcal	253 kcal
Fat	15,7 g	9,4 g
- Saturates	13,5 g	8,1 g
Carbohydrates	49,0 g	29,4 g
- Sugars	17,9 g	10,8 g
Fibre	4,9 g	3,0 g
Proteins	22,2 g	13,3 g
Salt	0,35 g	0,21 g
L-Leucine	5970 g	3582 g
L-Isoleucine	3220 g	1932 g
L-Valine	4150 g	2490 g

INGREDIENTS: wheat flour, organic raw cane sugar, hardened coconut oil, humectant: E422, milk protein, collagen-hydrolysate, oat flakes, chocolate chips (8.0%) (sugar, cocoa mass, cocoa butter, low-fat cocoa powder, emulsifier: E322), inulin, raising agents: E336, E500, flavour, emulsifier: E322, salt.

ALLERGEN INFORMATION: May contain traces of eggs and nuts.

HEALTHY PROTEIN SNACKS FIBER AND BCAA

Light Digest Cookie provides 22% of high-quality protein, fiber and pure delight from the very first to the last bite. Available in mouth-watering chocolate chips and salted caramel flavors, this cookie will quickly become your new on-the-go solution for guilt-free healthy sweets.

- 22% protein per cookie
- Rich in Fiber
- Contains a natural source of BCAA

Flavours CHOCOLATE CHIPS SALTED CARAMEL

Packaging 60 g (12 servings)

Use Use as a healthy snack preferably between meals



PROTEIN CHOCO NUTS

SUPPLEMENT FACTS

Serving Size: 15 g
Servings per container: 16

Typical Nutritional Values

	/100 g	/15 g
Energy	524 kcal	78,6 kcal
Fat	39 g	5,85 g
- Saturates	9 g	1,35 g
Carbohydrate	33 g	4,95 g
- Sugars	2,1 g	0,32 g
Polyols	29 g	4,35 g
Protein	21 g	3,15 g
Salt	0,10 g	0,02 g

INGREDIENTS: sweetener: maltitol, vegetable oils (rapeseed, shea, coconut), whey powder (milk), hazelnuts (11%), fat-reduced cocoa powder, emulsifier: E322 (soy), flavouring

ALLERGEN INFORMATION: milk, hazelnuts, soya. May contain traces of other nuts.

PROTEIN SPREAD NO ADDED SUGAR (NO PALM OIL)

PROTEIN CHOCO NUTS is a soft spread made with 21% protein, 11% hazelnut and a very low sugar content. Ideal if you are on diet or if you simply take care of your figure. Produced in Belgium with authentic Belgian chocolate. Store in a dry place, protect against heat and moisture.

- 21% Whey Protein
- Very low sugar - 79 Kcal per serving
- Easy to spread

Flavours HAZELNUT WHITE CHOCOLATE WITH CRUNCH

Packaging 250 g (16 servings)

Use Take anytime during the day, preferably for breakfast. 2 servings of max. 15 g daily will be enough to satisfy your cravings and stay in harmony with your silhouette.

LIGHT DIGEST SHAKE HIGH PROTEIN SHAKE

This ready to drink, delicious Light Digest shake provides 22 g of milk protein. It is easily digestible and light on the stomach due to the fact that it contains zero lactose and zero added sugar. It comes in three distinctive flavors, Creamy Vanilla, Choco Macaroon and Caffe Latte.

- 22 GRAMS OF PROTEIN
- ZERO LACTOSE
- ZERO ADDED SUGAR

Flavours CHOCO-MACAROON CAFE LATTE CREAMY VANILLA

Packaging 12 x 310 ml

Use Drink between meals

SUPPLEMENT FACTS

Serving Size: 310 ml
Flavour: Creamy Vanilla

Typical Nutritional Values

	/ 100 ml	/ 310 ml
Energy	46 kcal	142 kcal
Fat	0,1 g	0,3 g
- Saturates	0,1 g	0,3 g
Carbohydrates	4,1 g	12,6 g
- Sugars	3,9 g	12,0 g
Fibre	0,0 g	0,0 g
Proteins	7,1 g	22,0 g
Salt	0,14 g	0,43 g

INGREDIENTS: milk protein concentrate, skimmed milk, water, flavouring, lactase, stabilizer: E407, sweetener: E955, acidity regulator: E331, colour: E160a.

ALLERGEN INFORMATION: milk



COCO WHEY PROTEIN

SUPPLEMENT FACTS

Serving Size: 330 ml
Flavour: Neutral

Typical Nutritional Values

	/100 ml	/330 ml
Energy	28 kcal	92 kcal
Fat	0,06 g	0,2 g
- Saturates	0,01 g	0,03 g
Carbohydrates	0,8 g	2,6 g
- Sugars	0,6 g	2 g
Proteins	6,1 g	20 g
Salt	0,06 g	0,20 g

INGREDIENTS: Water, coconut water (cocos nucifera), whey protein isolate (milk), acidifier: E338, natural flavour, sweeteners: steviol glycosides, E955.

ALLERGEN INFORMATION: milk.

WHEY PROTEIN ISOLATE

COCO WHEY LIGHT DIGEST is a natural coconut water mix with 20 g of whey protein isolate. It is a refreshing, natural and convenient drink which will give you all the benefits of a coconut while toning your muscle, increasing your endurance and helping your recovery.

- Zero Sugar added
- 20 g of Whey Isolate Protein
- Low Lactose
- Only 92 calories per serving

Flavours NEUTRAL PINEAPPLE

Packaging 330 ml

Use 1 drink daily preferably between meals

MUESLI PROTEIN BAR



SUPPLEMENT FACTS

Serving Size: 35 g
Flavour: Chocolate Caramel

Typical Nutritional Values

	/100 g	/35 g
Energy	411 kcal	143,9 kcal
Fat	13,0 g	4,55 g
- Saturates	6,8 g	2,38 g
Carbohydrates	51,5 g	18 g
- Sugars	18 g	6,3 g
Proteins	21 g	7,35 g
Fibre	7,0 g	2,45 g
Salt	0,35 g	0,12 g

INGREDIENTS: rolled oat flakes 27%, extrudate (soy protein isolate, tapioca starch, pea protein isolate, wheat protein concentrate, salt, stabiliser: calcium carbonate), glucose-fructose syrup, chocolate pieces 8% (sugar, cocoa mass, low fat cocoa powder, cocoa butter, emulsifier: soy lecithins), humectant: sorbitols, cocoa nibs, palmfat, maltodextrin, wheat dextrine, honey, caramel pieces 2% (sugar, glucose syrup, sweetened condensed milk, butter, salt), flavouring, dried glucose syrup, emulsifier: soy lecithins.

ALLERGEN INFORMATION: may contain nuts, peanuts and sesame seeds in traces.

HIGH PROTEIN OAT FLAKES & FIBER

This delicious, crunchy muesli bar is high in protein and packed with nutrients. Rich amounts of fiber present in the bar slow down the glycemic index of carbohydrates thus helping in maintaining healthy weight. Ideal for all types of sports, it can also be used simply as a healthy snack during the day. The delightful Chocolate Caramel flavor will make you crave for more!

- High in Protein
- Rich in Fiber
- Packed with nutrients

Flavours CHOCOLATE CARAMEL BANANA

Packaging 35 g

Use Use as a healthy snack preferably between meals

22G
PROTEIN

ZERO ADDED SUGAR



LACTOSE FREE



LOW IN FAT



FINALLY A GOOD TASTING VEGAN PROTEIN

77% PROTEIN | 0G SUGAR | <1G FAT



VEGAN PROTEIN ZERO SUGAR LACTOSE FREE

VEGAN PROTEIN is optimal for vegetarians and vegans who want to get a high quantity of quality proteins. Certified soya free, lactose free and sugar free. VEGAN PROTEIN contains only 73 calories per serving and is perfectly suited for people looking for weight loss or to control body weight during a balancing period.

- High pea and rice protein content
- Sugar free
- Lactose free



Flavours	<u>CHOCOLATE MUFFIN</u> VANILLA MACAROON RED FRUIT
Packaging	500 g (25 servings)
Use	Mix daily 1 scoop of 20 g with 250 ml of water.

SUPPLEMENT FACTS

Serving Size: 20 g (1 scoop)
 Servings per container: 25
 Flavour: Red Fruit

Typical Nutritional Values		
	/ 20 g	/ 100 g
Energy	71 kcal	354 kcal
Fat	0,79 g	3,93 g
- Saturates	0,21 g	1,07 g
Carbohydrates	1,79 g	8,93 g
- Sugars	0,002 g	0,01 g
Proteins	15,43 g	77,12 g
Salt	0,59 g	2,95 g

INGREDIENTS: pea protein isolate 55,9%, rice protein 23,9%, cocoa powder (Theobroma cacao) 14%, thickening agents: guar gum/xanthan gum, natural flavour, acidity regulator: monopotassium phosphate, sodium chloride, sweetener: sucralose.



VEGAN PROTEIN SHAKE

SUPPLEMENT FACTS

Serving Size: 310 ml
 Servings per container: 12
 Flavour: Choco Coco

Typical Nutritional Values		
	/ 30 g	/ 100 g
Energy	56 kcal	173 kcal
Fat	3,60 g	11,3 g
- Saturates	3,1 g	9,7 g
Carbohydrates	0,4 g	1,3 g
- Sugars	0,2 g	0,6 g
Fibre	0,6 g	1,9 g
Proteins	4,9 g	15,2 g
Salt	0,28 g	0,88 g

INGREDIENTS: water, coconut milk, pea protein, 1% fat reduced cocoa powder, flavouring, stabilizer: E407, sweetener: E955, acidity regulator: E331, salt.
ALLERGEN INFORMATION: milk

COCONUT MILK AND PEA PROTEIN

Vegan protein shake made from coconut milk and pea protein, with sweetener and naturally occurring sugar.

- High protein content with Whey Isolate
- Low in sugar
- Gluten Free

Flavours CHOCO COCO

Packaging 310 ml (1 serving)

Use Shake well before opening. Once opened keep refrigerated and consume within 24 h



VEGAN PROTEIN BAR

SUPPLEMENT FACTS

Serving Size: 40 g
 Flavour: Double Chocolate Brownie

Typical Nutritional Values		
	/100 g	/40 g
Energy	400 kcal	160 kcal
Fat	21,2 g	8,0 g
- Saturates	8,9 g	3,0 g
Carbohydrate	17,4 g	6,4 g
- Sugars	4,7 g	1,9 g
- Polyols	8,1 g	3,2 g
Fibre	23,3 g	8,9 g
Protein	26,6 g	11,0 g
Salt	0,50 g	0,21 g

INGREDIENTS: Vegan protein blend (pea protein isolate, rice protein concentrate), fructo- oligosaccharides, isomaltoligosaccharides*, chocolate coating 15 % [sweetener: E965, hydrogenated palm kernel oil, cocoa powder 15 %, emulsifiers: E322, E476, flavouring], rapeseed oil, emulsifier: E322, cocoa powder, dark chocolate pieces 2,5 % (sugar, cocoa mass, cocoa butter, emulsifier: E322, natural flavouring), humectant: E422, flavouring, thickener: E466, antioxidant: rosemary extract, sweetener: E960.
ALLERGEN INFORMATION: May contain nuts, peanuts and sesame seeds

PEA AND RICE PROTEIN LOW IN SUGAR

VEGAN BAR is optimal for vegetarians and vegans who want to get a high quantity of quality proteins from pea and rice. Low in sugar, lactose free and gluten free snack containing 27 % protein. Easy nutrition on-the-go coming in delicious double chocolate brownie flavor.

- 27% protein per bar
- Lactose Free & Gluten Free
- Low in sugar
- GMO-Free

Flavours DOUBLE CHOCOLATE BROWNIE

Packaging 12 x 40 g

Use Use as a healthy snack preferably between meals

ZINC



SUPPLEMENT FACTS

Serving Size: 1 cap
Servings per Container: 100

Typical Nutritional Values

	/100 g	/1 cap
Energy	628 kcal	0,3 kcal
Fat	< 0,1 g	< 0,1 g
- Saturates	0 g	0 g
Carbohydrates	< 0,1 g	< 0,1 g
- Sugars	0 g	0 g
Protein	17,4 g	< 0,1 g
Salt	< 0,1 g	< 0,1 g
Zinc	14025 mg	22,3 mg*

*223% Nutrient references values

INGREDIENTS: gelatine, zinc bisglycinate, bulking agent: E470b, anti-caking agent: E551, colour: E171.

IMMUNE SUPPORT & PERFORMANCE

Zinc is a trace element and antioxidant that assists in many reactions, particularly by contributing to the normal function of the immune system.

- Essential to the immune system
- Contributes to the maintenance of normal testosterone levels in the blood
- Necessary supplement for bodybuilders, athletes and extreme sports enthusiasts

Flavours NO FLAVOUR

Packaging 100 caps (100 servings)

Use Take 1 cap each day with a meal

JOINT +



SUPPLEMENT FACTS

Serving Size: 2 caps
Servings per Container: 60

Typical Nutritional Values

	/2 caps	/100 g
Energy	6 kcal	310 kcal
Fat	< 0,1 g	< 0,1 g
- Saturates	0 g	0 g
Carbohydrates	< 0,1 g	< 0,1 g
- Sugars	0 g	0 g
Protein	1,5 g	77,4 g
Salt	0 g	0 g
Glucosamine sulphate	800 mg	41,3 g
Chondroitin sulphate	450 mg	23,2 g
Calcium	144 mg (18%*)	7434 mg
Vit. D3	1,5 µg (30%*)	77,4 µg

*Nutrient references values

INGREDIENTS: glucosamine sulphate (crustaceans), chondroitin sulphate, calcium carbonate, gelatine, bulking agent: E470b, anti-caking agent: E551, colour: E171, vit. D3 (cholecalciferol).

ALLERGEN INFORMATION: crustaceans.

JOINTS & CARTILAGES

Often recommended for heavy weight and strength training. Glucosamine, which is the main ingredient of Joint +, is frequently used by all types of athletes. The formula of Joint + is enriched in chondroitin and Vitamin D, which contributes to the maintenance of a normal bone structure.

- Helps your joints to move smoothly
- Helps maintain connective tissue
- Provides resistance to compression

Flavours NO FLAVOUR

Packaging 60 caps (30 servings)

Use Take 2 caps daily with your meals

OMEGA 3



SUPPLEMENT FACTS

Serving Size: 5 gelcaps
Servings per Container: 12

Typical Nutritional Values

	/5 gelcaps	/100 g
Energy	100 kcal	1540 kcal
Fat	5 g	77 g
- Saturates	1 g	15,4 g
Carbohydrates	0 g	0 g
- Sugars	0 g	0 g
Protein	0 g	0 g
Salt	0 g	0 g
Fish oil	5000 mg	76923 mg
Of which EPA	900 mg	13846 mg
Of which DHA	600 mg	9231 mg
Vit. E (250%*)	30 mg	462 mg

*Nutrient references values

INGREDIENTS: fish oil, water, gelatin, glycerine, vit. E (D-alpha-tocopherol).

ALLERGEN INFORMATION: fish.

BRAIN & HEART FUNCTIONS

Omega 3 is one of the essential fatty acids that are vital to the human body, though the body cannot produce them. Composed of 13% of EPA and 9% of DHA, it contributes to the maintenance of the normal function of the heart and the brain.

- Essential fatty acids
- Helps prevent cardio-vascular diseases
- Contributes to the normal brain and heart functions

Flavours NO FLAVOUR

Packaging 60 gelcaps (12 servings)

Use Take 5 gelcaps per day

WEIGHT LOSS



SUPPLEMENT FACTS

Serving Size: 1 cap
Servings per Container: 90

Typical Nutritional Values

	/1 caps	/100 g
Energy	4 kcal	395 kcal
Fat	0 g	0 g
-Saturates	0 g	0 g
Carbohydrates	0,8 g	74,1 g
-Sugars	0,3 g	27,1 g
Protein	0,3 g	24,5 g
Salt	0 g	0 g
Guarana extract	320 mg	28,88 g
- Caffeine	70 mg	6,35 g
Apple pectin	250 mg	22,56 g
Hydroxycitric Acid	200 mg	18,05 g
L-Carnitine	100 mg	9,03 g
Dandelion extract	50 mg	4,51 g
L-Tyrosine	50 mg	4,51 g
L-Phenylalanine	20 mg	1,80 g
Chromium	6 µg*	540 µg

* 45% Nutrient references values

INGREDIENTS: Guarana extract (22% caffeine), apple pectin (malus), hydroxycitric acid, gelatine, L-Carnitine L-Tartrate, dandelion extract, L-Tyrosine, L-Phenylalanine, colour E171, chromium picolinate.

FAT BURNER

Thanks to its extremely concentrated formula containing a set of active ingredients such as L-carnitine, apple pectin, hydroxycitric acid, L-tyrosine and dandelion extract, Burner is the ideal partner to go with a healthy and balanced diet.

- Helps promote healthy weight control
- Contains apple pectine & L-Carnitine

Flavours NO FLAVOUR

Packaging 90 caps (90 servings)

Use Take 1 to 3 capsules daily between meals

CHITOSAN



SUPPLEMENT FACTS

Serving Size: 6 caps
Servings per Container: 16

Typical Nutritional Values

	/100 g	/6 caps
Energy	163 kcal	8 kcal
Fat	1,7 g	<0,1g
- Saturates	1,4 g	<0,1g
Carbohydrate	55,4 g	2,7g
- Sugars	0 g	0 g
Protein	12,5 g	0,6 g
Salt	0,04 g	<0,01g
Chitosan	61500 mg	3000 mg
Vitamin C	3690 mg	180 mg*

* 225% Nutrient references values

INGREDIENTS: chitosan (contains crustaceans), bulking agents: E341 & E470b, gelatine, vitamin C (ascorbic acid), anti-caking agent E551, colour E171.

ALLERGEN INFORMATION: crustaceans.

WEIGHT CONTROL

Ideal complement of a healthy and balanced diet, Chitosan contributes to the maintenance of normal cholesterol levels. It is enriched in vitamin C.

- Maintains the cholesterol levels of endurance athletes
- Contains 180 mg of vit. C per serving

Flavours NO FLAVOUR

Packaging 100 caps (16 servings)

Use For beneficial effect, take 6 caps daily with your meals

L-CARNITINE



SUPPLEMENT FACTS

Serving Size: 1 cap
Servings per Container: 60

Typical Nutritional Values

	/ 100 g	/ 1 cap
Energy	364,8 kcal	2,4 kcal
Fat	0 g	0 g
- Saturates	0 g	0 g
Carbohydrate	0 g	0 g
- Sugars	0 g	0 g
Protein	91,2 g	0,6 g
Salt	0 g	0 g
L-Carnitine L-Tartrate	76 g	500 mg
L-Carnitine	51,7g	340 mg

INGREDIENTS: L-Carnitine L-Tartrate (76%), cellulose, bulking agent: E460/E470b, anti-caking agent: E551, colour: E171.

BODY FAT REDUCING

Naturally present in the muscle, L-carnitine is the ideal supplement to go with a healthy and balanced diet, along with any training or sports activity.

- Helps transport fat to the muscle to be burned as energy
- Supports athletic performance in endurance athletes

Flavours NO FLAVOUR

Packaging 60 caps (60 servings)

Use Take 1 cap each day with a meal



L-CARNITINE LIQUID PURE 5000 MG

SUPPLEMENT FACTS

Serving Size: 20 ml
Servings per Container: 25
Flavour: Raspberry

Typical Nutritional Values

	/ 100 ml	/ 20 ml
Energy	18,9 kcal	3,8 kcal
Fat	0 g	0 g
- Saturates	0 g	0 g
Carbohydrates	0,4 g	0,08 g
- Sugars	0 g	0 g
Protein	5 g	1 g
Salt	0 g	0 mg
L-Carnitine	5000 mg	1000 mg
Vitamin B6	10 mg (143%*)	2 mg

* Nutrient references values

INGREDIENTS: water, L-Carnitine base, acidifier: E330, flavour, vitamin B6 (Pyridoxine hydrochloride), preservatives: E211 & E202, sweetener: E955.

BURN & ENERGY WORKOUT

Naturally present in the muscle, L-carnitine is the ideal supplement to go with a healthy and balanced diet, along with any training or sports activity.

- Helps transport fat to the muscle to be burned as energy
- Supports athletic performance in endurance athletes

Flavours RASPBERRY

Packaging 500 ml (25 servings)

Use 20 ml per day preferably before workout

CLA



SUPPLEMENT FACTS

Serving Size: 3 gelcaps
Servings per Container: 30

Typical Nutritional Values

	/100 g	/3 gelcaps
Energy	760 kcal	31 kcal
Protein	23,3 g	< 1 g
Carbohydrate	0 g	0 g
Fat	74,1 g	3 g
CLA (Conjugated Linoleic Acid)	74 g	3000 mg

INGREDIENTS: Conjugated linoleic acid, gelatine, water, humectant: E422.

BODY FAT BALANCED

CLA is a natural ingredient (Conjugated Linoleic Acid). Without contraindication, it can be regularly used as food supplement along with a healthy and balanced diet.

- Maintains lean muscle mass
- Helps reduce body fat
- Can be taken all year without interruption

Flavours NO FLAVOUR

Packaging 90 gelcaps (30 servings)

Use 3 gelcaps daily with your meals



L-GLUTAMINE 6000

SUPPLEMENT FACTS

Serving Size: 6 g
Servings per Container: 83

Typical Nutritional Values

	/6 g	/100 g
Energy	24 kcal	400 kcal
Fat	0 g	0 g
- Saturates	0 g	0 g
Carbohydrates	0 g	0 g
- Sugars	0 g	0 g
Protein	6 g	100 g
Salt	0 g	0 g
L-Glutamine	6000 mg	100 g

INGREDIENT: L-Glutamine

PHYSICAL FORCE

L-Glutamine is one of 20 natural amino acids and it is regularly used in strength and endurance activities. In order to improve its absorption, it is recommended to consume with a dextrose spike.

- Protects muscles after training
- Supports muscle recovery and recuperation
- For any type of sport

Flavours NO FLAVOUR

Packaging 500 g (83 servings)

Use Take each day 6 g with water or fruit juice after workout



CREATINE MONOHYDRATE

SUPPLEMENT FACTS

Serving Size: 6 g
Servings per Container: 100 & 133

Typical Nutritional Values

	/6g	/100g
Energy	24 kcal	400 kcal
Fat	0 g	0 g
- Saturates	0 g	0 g
Carbohydrate	0 g	0 g
- Sugars	0 g	0 g
Protein	6 g	100 g
Salt	0 g	0 g
Creatine Monohydrate	6000 mg	100 g

INGREDIENT: Creatine monohydrate

INTENSIVE TRAINING

Creatine increases physical performance in successive bursts of short-term, high intensity exercise. The beneficial effect is obtained with a daily intake of 6 g of creatine. It is recommended to take Creatine Monohydrate for 4 consecutive weeks, several times during the year.

- Explosive increases in strength
- Increases muscle pump

Flavours NO FLAVOUR

Packaging 800 g (133 servings), 300 g (50 servings)

Use For best results, take between 3 g and 6 g daily with water or fruit juice before workout



CREATINE MONOHYDRATE

SUPPLEMENT FACTS

Serving Size: 3 Tabs
Servings per Container: 66

Typical Nutritional Values

	/100 g	/3 tabs
Energy	292 kcal	12 kcal
Fat	0 g	0 g
- Saturates	0 g	0 g
Carbohydrates	0 g	0 g
- Sugars	0 g	0 g
Protein	73 g	3 g
Salt	0 g	0 g
Creatine Monohydrate	73 g	3000 mg
Creatine	64,2 g	2638 mg

INGREDIENTS: Creatine monohydrate, bulking agents: E341/E470b, thickening agent: E460.

INCREASES PHYSICAL PERFORMANCE

Creatine increases physical performance in successive bursts of short-term, high intensity exercise. The beneficial effect is obtained with a daily intake of 6 g of creatine. It is recommended to take Creatine Monohydrate for 4 consecutive weeks, several times during the year.

- Explosive increases in strength
- Increases muscle pump

Flavours NO FLAVOUR

Packaging 200 tabs (66 servings)

Use Take between 3 and 6 tablets daily before workout, combined with high intensity exercise



HMB

SUPPLEMENT FACTS

Serving Size: 4 caps
Servings per Container: 30

Typical Nutritional Values

	/100 g	/4 caps
Energy	63 kcal	1,2 kcal
Fat	0,74 g	<0,1 g
- Saturates	0,69 g	<0,1 g
Carbohydrate	7,3 g	0,12 g
- Sugars	0 g	0 g
Protein	15,4 g	0,28 g
Salt	0,01 g	<0,01 g
HMB*	58,69 g	1000 mg

*(calcium beta-hydroxy beta-methylbutyrate)

INGREDIENTS: calcium beta-hydroxy beta-methylbutyrate, gelatine, bulking agents: E341 & E470b, maize starch, anticaking agent: E551, colour E171.

MUSCLE STRENGTH

Beta-Hydroxy-beta-methylbutyric (HMB) is a metabolite of leucine (one of the most free form amino acids available in the body), naturally produced by the body, but only in small quantities. For the best result, combine HMB with creatine monohydrate, which increases physical performance.

- Supports muscle recovery
- Accelerate gains in muscle size and strength

Flavours NO FLAVOUR

Packaging 120 caps (30 servings)

Use Take 4 capsules daily with your last meal. For best results couple HMB with creatine monohydrate.

STACK FORCE T2



SUPPLEMENT FACTS

Serving Size: 1 cap
Servings per Container: 100

Typical Nutritional Values

	/1 cap	/100 g
Energy	0 kcal	0 kcal
Fat	0 g	0 g
- Saturates	0 g	0 g
Carbohydrates	0 g	0 g
- Sugars	0 g	0 g
Protein	0 g	0 g
Salt	0 g	0 g
Total caffeine	65,6 mg	23597 mg
Yerba mate extract	25 mg	8993 mg
Green tea extract	13 mg	4676 mg
Garcinia Cambogia extract	13 mg	4676 mg
Guarana extract	13 mg	4676 mg
Siberian Ginseng extract	13 mg	4676 mg
Kola Nut Extract	10 mg	3597 mg
Raspberry extract	6,3 mg	2266 mg
- Ketones	3,8 mg	1360 mg
Green coffee extract	6,3 mg	2266 mg
Pepper extract	2,5 mg	899 mg

INGREDIENTS: gelatine, caffeine, yerba mate extract (Ilex Paraguariensis), green tea extract (Camellia Sinensis), Garcinia Cambogia extract, guarana extract (Paullinia Cupana), Siberian ginseng extract (Eleutherococcus Senticosus), bulking agent: E470b, kola nut extract (Cola Nitida), raspberry extract (Rubus idaeus) (60% raspberry ketones), green coffee extract (Coffea Arabica), anti-caking agent: E551, pepper extract (Capsicum Annuum), colours E172/E122.

METABOLIC ENHANCER

STACK FORCE T2 is designed for athletes searching for an intense, ultra-fast absorbing and scientifically engineered formula containing ingredients (including Garcinia Cambogia) that assist in maximizing muscular definition, attributed to its powerful Multi-phase fat burning activators.

- Heat-searing thermogenesis target fatty tissue
- Metabolic rate to increase caloric burning
- Helps the body adapt to physical stress
- Delivers an intense punch of energy and power

Flavours NO FLAVOUR

Packaging 100 caps (100 servings)

Use Take 1 capsule approximately 30 minutes prior to exercise

RIPTEK V2



SUPPLEMENT FACTS

Serving Size: 4 caps
Servings per Container: 30

Typical Nutritional Values

	/ 100 g	/ 4 caps
Energy	252 kcal	5 kcal
Fat	0 g	0 g
- Saturates	0 g	0 g
Carbohydrate	20,1 g	0,4 g
- Sugars	0 g	0 g
Protein	15,1 g	0,3 g
Salt	0 g	0 g
Glucosmannan	16,77 g	333 mg
ID-alG™	7,5 g	149 mg
Capsimax™	6,7 g	133 mg
Green Tea extract	6 g	120 mg
Caffeine	4 g	80 mg
Yerba mate extract	3 g	60 mg
Niacin	2716 mg (338%*)	54 mg
Resveratrol	1,7 g	33 mg
Acai extract	1,5 g	30 mg
Purple corn	0,2 g	4 mg

*Nutrient reference values

INGREDIENTS: Bulking agents E460/E553b/E470b, gelatine, glucosmannan, ID-alG™ (Ascophyllum Nodosum/Vitis Vinifera), Capsimax™ (Capsicum Annuum L), green tea extract (Camellia Sinensis), caffeine, yerba mate extract (Ilex Paraguariensis), niacin (nicotinamide), resveratrol, acai berry extract (Euterpe Oleracea), anti-caking agent E551, colours E172/E171/E122, purple corn (Zea Mays L).

FAT-LOSS THERMOGENIC

RIPTEK V2 is the most revolutionary and innovative natural fat burner on the market! RIPTEK V2 combines the latest European and American fat burning technologies and you will be feeling its effect from the first time you take it. As soon as you consume the first dose of RIPTEK V2 you will feel an immediate and instant burst of energy.

- Thermogenic activator
- Helps control appetite & hunger
- Train harder & burn more calories

Flavours NO FLAVOUR

Packaging 120 caps (30 servings)

Use Take 4 capsules with water in the morning

TESTEK



SUPPLEMENT FACTS

Serving Size: 4 caps
Servings per Container: 30

Typical Nutritional Values

	/100 g	/4 caps
Energy	56 kcal	1.5 kcal
Fat	0 g	0 g
-Saturates	0 g	0 g
Carbohydrates	0,28 g	<0,1 g
-Sugars	0 g	0 g
Protein	14 g	0,36 g
Salt	0 g	0 g
L-Arginine	19,4 g	500 mg
L-Tyrosine	19,4 g	500 mg
Tribulus Terrestris extract	19,4 g	500 mg
Fenugreek extract	11,6 g	300 mg
Nettle powder	3,9 g	100 mg
Zinc	582 mg (150%*)	15 mg
Lycopene	388 mg	10 mg
Phosphatidylserine	310 mg	8 mg
Selenium	2714 µg (127%*)	70 µg

* Nutrient reference values

INGREDIENTS: L-Arginine monohydrochloride, L-Tyrosine, Tribulus Terrestris extract (cooked fruit), gelatine, fenugreek extract (seed) (Trigonella Foenum-graecum L), bulking agent: E460i, nettle powder (leaf) (Urtica dioica L), anti-caking agents: E341/E470B, zinc mono-L-methionine sulphate, L-selenomethionine, lycopene, colours: E171 /E172M phosphatidylserine.

NATURAL TESTOSTERONE BOOSTER

Testek contains all natural ingredients that work in synergy with the hormones naturally present in the body to optimize muscle building, the effects of fat burning, testosterone level and growth factors.

- Exclusively for men aged 20-60
- 100% natural and safe
- Helps to increase stamina & libido

Flavours NO FLAVOUR

Packaging 120 caps (30 servings)

Use Take 4 capsules with water in the morning or in the evening

BCAA'S + VIT. B6



SUPPLEMENT FACTS

Serving Size: 3 caps
Servings per Container: 33

Typical Nutritional Values

	/100 g	/3 caps
Energy	316 kcal	5,5 kcal
Fat	0g	0g
- Saturates	0g	0g
Carbohydrates	1,7g	0,03g
- Sugars	0g	0g
Protein	77,8g	1,35g
Salt	0g	0g
L-Leucine	38892 mg	675 mg
L-Valine	19446 mg	338 mg
L-Isoleucine	19446 mg	338 mg
Vit. B6	103,7 mg	1,8 mg*

* 129% Nutrient reference values

INGREDIENTS: L-Leucine, L-Valine, L-Isoleucine, gelatine, anti-caking agent: E341/corn starch, bulking agent: E470b, colour: E171, vit B6 (pyridoxine hydrochloride).

ENERGY & RECOVERY

Among BCAAs (Branched Chain Amino Acids), L-Leucine, L-Valine and L-Isoleucine are the 3 amino acids that are the most common in muscular tissues. In order to optimise the action of BCAAs, vitamin B6 was added.

- Helps to increase size, strength and endurance
- Extreme anticatabolic
- Muscle recovery
- Micronized faster absorption

Flavours NO FLAVOUR

Packaging 100 caps (33 servings)

Use Take 3 caps daily before or after workout

RECOVERY | ENERGY | PERFORMANCE | FIT MUSCLE



MIXES INSTANTLY

GREAT FLAVOURS

BCAA 8500
ENERGY & RECOVERY
0 SUGAR & 0 CALORIE

Just 2 servings of 5 g each of this powder, which quickly dissolves in water, brings 9180 mg of BCAAs, with a 2:1:1 ratio. This supplement is more than essential to all hardworking athletes of any sport or persuasion. PRE & POST WORKOUT.

- Highly concentrated L-Leucine, L-Isoleucine & L-Valine
- Supports muscle building & recovery efforts
- Easy to mix with small spoon
- Instantized formula micronized 2:1:1 ratio

Flavours	<u>LEMON</u>	<u>ORANGE</u>	<u>FOREST FRUIT</u>
Packaging	350 g (70 servings)		
Use	Mix 5 g (1 scoop) in 150 ml water before and after exercise		

SUPPLEMENT FACTS

Serving Size: 5 g (1 scoop)
Servings per Container: 70
Flavour: Lemon

Typical Nutritional Values		
	/5 g	/100 g
Energy	< 0,5 kcal	< 10 kcal
Fat	0 g	0 g
- Saturates	0 g	0 g
Carbohydrates	< 0,05 g	< 1 g
- Sugars	0,01 g	0,2 g
Protein	0 g	0 g
Salt	0 g	0 g
L-Leucine	2,29 g	45,7 g
L-Isoleucine	1,15 g	22,9 g
L-Valine	1,15 g	22,9 g

INGREDIENTS: L-Leucine 45,7%, L-Isoleucine 22,9%, L-Valine 22,9%, acidifier E330, emulsifier E322, flavour, sweeteners E950/E955, anti-caking agent E551, colour E100(i), lemon juice (Citrus limon).



MATRIX 4800

SUPPLEMENT FACTS

Serving Size: 3 Tabs
Servings per Container: 66

Typical Nutritional Values		
	/100g	/6 Tabs
Energy	288 kcal	19 kcal
Protein	72,7 g	4,8 g
Carbohydrates	0 g	0 g
Fat	0 g	0 g
L-Leucine	36363 mg	2400 mg
L-Valine	18180 mg	1200 mg
L-Isoleucine	18180 mg	1200 mg
Vit. B6	36,3 mg	2,4 mg*

*171% Nutrient reference values

INGREDIENTS: BCAA (L-Leucine, L-Valine, L-Isoleucine), anti-caking agents: E341/E551, bulking agent: E470b, vit. B6 (pyridoxine hydrochloride).

BCAA MEGA SIZE

Among BCAAs (Branched Chain Amino Acids), L-Leucine, L-Valine and L-Isoleucine are the 3 amino acids that are the most common in muscular tissues. In order to optimise the action of BCAAs, vitamin B6 was added.

- Helps to increase size, strength and endurance
- Extreme anticatabolic
- Muscle recovery
- Micronized faster absorption

Flavours	NO FLAVOUR
Packaging	200 tabs (66 servings)
Use	Take 3 tabs daily before or after workout



AMINO ACID LIQUID 4000

SUPPLEMENT FACTS

Serving Size: 25 ml
Servings per Container: 20/500 ml & 40/1000 ml
Flavour: Red Fruits

Typical Nutritional Values		
	/100 ml	/25 ml
Energy	253 kcal	63 kcal
Fat	0 g	0 g
- saturates	0 g	0 g
Carbohydrates	14,6 g	3,6 g
- sugars	14,5 g	3,6 g
Protein	45,4 g	11,3 g
Salt	0,05 g	0,01 g
Vitamin B6 *	2,1 mg	0,525 mg

Essential Amino Acids		
L-Isoleucine (BCAA)	580 mg	145 mg
L-Leucine (BCAA)	1310 mg	328 mg
L-Valine (BCAA)	1080 mg	270 mg
L-Lysine	1810 mg	453 mg
L-Methionine	360 mg	90 mg
L-Threonine	810 mg	203 mg
L-Phenylalanine	1040 mg	260 mg
L-Tryptophan	40 mg	10 mg
Non-Essential Amino Acids		
L-Cysteine	40 mg	10 mg
L-Tyrosine	170 mg	43 mg
L-Alanine	4080 mg	1020 mg
L-Aspartic Acid	2580 mg	645 mg
L-Glutamic Acid	4670 mg	1168 mg
L-Glycine	10250 mg	2563 mg
L-Histidine	270 mg	68 mg
L-Proline	5940 mg	1485 mg
L-Serine	1400 mg	350 mg
Hydroxylysine	400 mg	100 mg
Hydroxyproline	4980 mg	1245 mg

* 37,5 % Nutrient reference values
INGREDIENTS: water, protein hydrolysate, fructose, acidifier: E330, flavour, preservative: E211, sweeteners: E952, E950, vitamin B6 (pyridoxine hydrochloride).

MUSCLE DEVELOPMENT

In order to boost the physical condition during difficult training sessions, this supplement contains all amino acids (essential and nonessential). Available in a liquid form and therefore quickly digestible, this formula contains L-arginine, which is a natural source of BCAAs and vitamin B6.

- Contains BCAAs
- Good for any athlete
- Contains vitamin B6 and L-Arginine

Flavours	<u>RED FRUITS</u>
Packaging	500 & 1000 ml (20 & 40 servings)
Use	25 ml per day during a meal



AAKG 4000 ARGININE

SUPPLEMENT FACTS

Serving Size: 4 Tabs
Servings per Container: 25

Typical Nutritional Values

	/100 g	/4 Tabs
Energy	0 kcal	0 kcal
Protein	0 g	0 g
Carbohydrates	0 g	0 g
Fat	0 g	0 g

AAKG 50000 mg 4000 mg

INGREDIENTS: AAKG, bulking agents E460i/ E470b/ E1201 / E553b, anti-caking agent: E551.

ARGININE-ALPHA-KETOGLUTARATE

AAKG 4000 is the most efficient form of Arginine. Arginine is an amino acid which helps enhance physical results and is ideal for stimulating strength and muscle growth. L-Arginine is a precursor of nitric oxide (N.O.) and of creatine. It may be associated in a rapid results program with creatine monohydrate. Ideal for sports requiring intense muscle power.

- Muscle support
- Helps increase muscle pump during training
- Helps increase muscle growth
- Optimises recovery and strength

Flavours	NO FLAVOUR
Packaging	100 tabs (25 servings)
Use	Take 4 tabs with water 30 minutes before workout.



PROTEIN 92

SUPPLEMENT FACTS

Serving Size: 1 scoop of 30 g
Servings per Container: 25
Flavour: Vanilla

Typical Nutritional Values

	/100 g	/30 g
Energy	409 kcal	123 kcal
Fat	2,9 g	0,9 g
- Saturates	2,3 g	0,7 g
Carbohydrates	3,8 g	1,1 g
- Sugars	1,8 g	0,5 g
Proteins	92 g	27,6 g
Salt	0,08 g	0,02 g
Vitamins	/100 g	/30 g
Niacin	18,27 mg	5,48 mg (34%*)
Vit. B5	6,09 mg	1,83 mg (30%*)
Vit. B6	2,03 mg	0,61 mg (44%*)
Vit. B2	1,62 mg	0,49 mg (35%*)
Vit. B12	3,76 µg	1,13 µg (45%*)

*Nutrient references values

INGREDIENTS: proteins (calcium caseinate (contains milk), micellar casein (contains milk)), flavour, sweetener E955, Vit. B3 (nicotinamide), Vit. B5 (D-pantothenate, calcium), Vit. B6 (pyridoxine hydrochloride), Vit. B2 (riboflavin), Vit. B12 (cyanocobalamin).

ALLERGEN INFORMATION: milk.

MUSCLE MAINTENANCE

Composed with calcium caseinate and micellar caseine, this formula contains the essential ingredients to the maintenance of a lean muscle mass. With 92% of protein and almost zero carbohydrates and fat, Protein 92 is perfectly suited to all types of activities.

- Micellar casein protein
- Slow and sustained protein digestion

Flavours	CHOCOLATE VANILLA
Packaging	750 g (25 servings)
Use	Mix daily 2 full scoops of 30 g with 500 ml of water or milk



DELICIOUS WHEY PROTEIN

SUPPLEMENT FACTS

Serving Size: 30 g (1 full scoop)
Servings per Container: 30 & 73
Flavour: Vanilla

Typical Nutritional Values

	/100 g	/30 g
Energy	403 kcal	121 kcal
Fat	6,75 g	2,03 g
- Saturates	4,24 g	1,27 g
Carbohydrates	10,07 g	3,02 g
- Sugars	8,64 g	2,60 g
Proteins	78,22 g	23,47 g
Salt	0,33 g	0,10 g

INGREDIENTS: Proteins (whey protein concentrate (contains milk), whey protein isolate (contains milk, emulsifiers: soya/sunflower lecithin), whey protein hydrolysate (contains milk)), flavour, thickening agents E412 & E415, sweetener E955, colour E160a.

ALLERGEN INFORMATION: milk, soya.

MUSCLE DEVELOPMENT

Delicious Whey Protein Powder is a source of protein and it contributes to a growth in muscle mass. Thanks to its blend of whey proteins isolate, concentrate and hydrolysate, it provides all essential amino acids. Delicious Whey Protein Powder tastes great and is available in many different flavours.

- 47 g of whey protein per 2 servings
- Zero Sugar added
- Contains Whey protein Concentrate, Isolate and Hydrolysate

Flavours	BANANA BELGIAN CHOCOLATE COCONUT CREAMY COOKIE YOGHURT MANGO STRAWBERRY VANILLA STRACCIATELLA LEMON MERINGUE
Packaging	908 g (30 servings) & 2,2 kg (73 servings)
Use	Mix daily 2 full scoops of 30 g in 500ml of water or skimmed milk morning, evening or after training



DELICIOUS WHEY PROTEIN SHAKE

SUPPLEMENT FACTS

Serving Size: 330 ml
Flavour: Vanilla

Typical Nutritional Values

	/100 ml	/330 ml
Energy	52 kcal	173 kcal
Fat	0,2 g	0,6 g
- Saturates	0,13 g	0,43 g
Carbohydrates	3,6 g	11,9 g
- Sugars	3,6 g	11,9 g
Protein	9,1 g	30 g
Salt	0,05 g	0,16 g

INGREDIENTS: whey permeate, water, proteins 10% (milk protein concentrate & whey protein concentrate), thickeners: E460, E466 & E407, flavouring, stabilizer: E452, sweeteners: E952, E950 & E954, colour: E101.

ALLERGEN INFORMATION: milk.

LOW CARB PROTEIN SHAKE

Fortified with whey protein, every serving contains 30 g of high quality and bio-available protein. This protein contributes to muscle maintenance. Delicious Protein Shake presents a smooth flavour and contains zero added sugar. It also contains less than 1 g of fat per 330 ml.

- 30 g of protein per serving
- Zero Sugar added

Flavours	CHOCOLATE STRAWBERRY VANILLA
Packaging	12 x 330 ml
Use	One shake per day after training, best served cold



53G PROTEIN SHAKE 500ML

SUPPLEMENT FACTS

Serving Size: 500 ml
Flavour: Vanilla

Typical Nutritional Values

	/500 ml	/100 ml
Energy	490 kcal	98 kcal
Fat	0,5 g	0,1 g
- Saturates	0,5 g	0,1 g
Carbohydrates	58,5 g	11,7 g
- Sugars	40,5 g	8,1 g
Protein	53 g	10,6 g
Salt	1 g	0,2 g

INGREDIENTS: milk, protein product 91%, maltodextrin, flavour, salt, acidity regulators: E331/E450a, stabilizers E407, colour: E101

ALLERGEN INFORMATION: milk.

HIGH QUALITY PROTEIN SHAKE AND CARBS

This delicious shake contains 53 grams of protein and high quality carbohydrates. It is available in 4 flavours and doesn't contain any gluten.

- 53 g of protein per serving
- Only 0,5 g fat per serving
- Best served cold. Store in a cool place after opening (24 hours max.)

Flavours CHOCOLATE STRAWBERRY VANILLA BANANA

Packaging 12 x 500 ml

Use Drink one shake every day between meals or after an intense training session



50G PROTEIN SHAKE LACTOSE FREE

SUPPLEMENT FACTS

Serving Size: 500 ml
Flavour: Vanilla

Typical Nutritional Values

	/100 ml	/500 ml
Energy	60 kcal	302 kcal
Fat	0,2 g	1,0 g
- saturated	0,1 g	0,5 g
Carbohydrates	4,7 g	23,5 g
- sugars	4,7 g	23,5 g
Fibre	0,0 g	0,0 g
Protein	10,0 g	50,0 g
Salt	0,14 g	0,71 g
L-Leucine	0,42 g	2,11 g
L-Isoleucine	0,89 g	4,47 g
L-Valine	0,48 g	2,42 g

INGREDIENTS: milk protein concentrate, skimmed milk, flavouring, lactase, stabilizer: E407, sweetener: E955, acidity regulator: E331, colour: E160a.

ALLERGEN INFORMATION: milk

HIGH PROTEIN SHAKE BCAA's & LOW CARBS

This delicious Pro Shake provides 50g of protein its formula contains no added sugars, which makes our shake easily digestible and light on the stomach. This drink also contains 9g of BCAA's from natural sources per 500ml.

- 50 grams of protein per serving
- Zero added sugar
- Contains 9g BCAAs per serving

Flavours CHOCOLATE VANILLA

Packaging 12 x 500 ml

Use Between meals or after an intense training session



BOOM!

SUPPLEMENT FACTS

Serving Size: 40 g (1 full scoop)
Servings per Container: 75
Flavour: White chocolate

Typical Nutritional Values

	/100 g	/40 g
Energy	390 kcal	156 kcal
Fat	1,4 g	0,6 g
- Saturates	1 g	0,4 g
Carbohydrates	68,3 g	27,3 g
- Sugars	61,9 g	24,8 g
Proteins	21,9 g	8,8 g
Salt	0,22 g	0,09 g
Creatine monohydrate	1500 mg	600 mg
Creatine pyruvate	500 mg	200 mg
- Total pure creatine	1600 mg	640 mg
L-Glutamine	1000 mg	400 mg
Maize starch	1000 mg	400 mg
L-Tyrosine	500 mg	200 mg
Taurine	500 mg	200 mg

INGREDIENTS: Dextrose, milk proteins (whey protein concentrate (contains milk), milk protein isolate, whey protein isolate (contains milk), maltodextrin, skimmed milk, creatine monohydrate, flavour, fructose, maize starch, L-glutamine, taurine, L-tyrosine, creatine pyruvate.

ALLERGEN INFORMATION: milk

QUICK MUSCLE GAIN

This advanced gainer is scientifically formulated to increase muscle mass along with body strength. The strong complex high-calorie gainer containing powerful muscle nutrients like Amino Blast, Creatine, Glutamine, etc. helps you recover from the most hardcore workouts and grow your muscle.

- High in fast and slow acting protein
- Rapid-absorbing L-Glutamine, tyrosine & taurine
- Intense advanced creatine complex (pyruvate and monohydrate)

Flavours WHITE CHOCOLATE MILK CHOCOLATE

Packaging 3 kg (75 servings)

Use Take each day 120 g (3 scoops) in 300 ml water after training



PROTEIN PANCAKE

SUPPLEMENT FACTS

Serving Size: 30 g (1 full scoop)
Servings per Container: 34 pancakes

Typical Nutritional Values

	/100 g	/30 g
Energy	418 kcal	125 kcal
Fat	15,5 g	4,7 g
- Saturates	4,6 g	1,4 g
Carbohydrates	37,2 g	11,2 g
- Sugars	2,5 g	0,7 g
Fibers	5,18 g	1,6 g
Proteins	36,7 g	11 g
Salt	0,76 g	0,23 g

INGREDIENTS: Oat flour, egg powder, whey protein isolate (contains milk), milk protein concentrate, dextrose, fructose, sodium chloride, thickeners: E466/E415, raising agent: E500, sweeteners: E955/E950, cinnamon extract, flavour.

ALLERGEN INFORMATION: milk, gluten, egg.

PANCAKE WITH HIGH PROTEIN BLEND

High protein pancakes are the perfect option for those leading sport and healthy lifestyle. QNT Pancake is formulated to provide you with energy and nutrition when you need it most. With a great balance of protein and carbohydrates, our pancakes are an excellent addition to any meal.

- High protein blend including whey isolate
- Low fat and high in fiber

Flavours NEUTRAL

Packaging 1020 g (34 pancakes)

Use For one pancake, mix 1 full scoop (30 g) with 60 ml skimmed milk or water. Mix vigorously until it resembles a classic pancake batter



actif by JUICE

BCAA 8000 MG ENDURANCE & RECOVERY

BCAA's 8000 drink contains high level of BCAA. These essential amino acids play an important role in energy production to help the muscles during exercise, which is the reason why they are often used during workouts to prevent muscle breakdown.

- Highly concentrated L-Leucine, L-Isoleucine & L-Valine
- Great taste with pure juice
- Instantized formula micronized 2:1:1 ratio

Flavours	<u>LEMON</u>	WHITE GRAPEFRUIT	FOREST FRUIT
Packaging	24 x 700 ml		
Use	1 bottle daily		

SUPPLEMENT FACTS

Net 700 ml
Serving Size: 1 bottle (700 ml)
Flavour: Lemon

Typical Nutritional Values

	/ 700 ml	/ 100 ml
Energy	31,9 kcal	4,6 kcal
Fat	0 g	0 g
- Saturates	0 g	0 g
Carbohydrates	0 g	0 g
- Sugars	0 g	0 g
Protein	8 g	1,14 g
Salt	0 g	0 g
Lemon Juice	161 mg	23 mg
Leucine	4000 mg	571 mg
Isoleucine	2000 mg	286 mg
Valine	2000 mg	286 mg

INGREDIENTS: Water, BCAA (L-Leucine, L-Isoleucine, L-Valine), acidity regulators: E330/E331, flavour, preservatives: E202/E211, lemon juice from concentrate 0,5%, sweetener: E955, colours: E104 /E110.



L-CARNITINE 2000 MG

SUPPLEMENT FACTS

Net 700 ml
Serving Size: 1 bottle
Flavour: Cranberry-Lemon

Typical Nutritional Values

	/ 700 ml	/ 100 ml
Energy	0 kcal	0 kcal
Fat	0 g	0 g
- Saturates	0 g	0 g
Carbohydrates	0 g	0 g
- Sugars	0 g	0 g
Protein	0 g	0 g
Salt	0 g	0 g
Cranberry and lemon juices	161 mg	23 mg
L-Carnitine	2000 mg	286 mg

INGREDIENTS: Water, acidity regulators: E330/E331, L-carnitine, flavour, preservatives: E202/E211, cranberry and lemon juices from concentrate 0,5%, sweetener: E955, colours: E122/E110.

WEIGHT LOSS

Refreshing hypotonic rehydrating and zero calorie drink. It contains 2000 mg of L-Carnitine per bottle, a supplement which plays an important role in energy metabolism and also helps burn body fat to provide energy. 2000 L-Carnitine contains pure fruit juice and is a pleasure to drink during workout or anytime during the day between meals.

- Contains 2000 mg L-Carnitine
- Zero calorie & zero sugar

actif by JUICE

Flavours	<u>ORANGE</u>	CRANBERRY/LEMON	LEMON/LIME
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Packaging	24 x 700 ml
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Use	1 bottle daily during training or anytime between meals
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THERMO BOOSTER

SUPPLEMENT FACTS

Net 700 ml
Serving Size: 1/2 bottle (350 ml)
Flavour: Red Fruits

Typical Nutritional Values

	/350 ml	/100 ml
Energy	0 kcal	0 kcal
Fat	0 g	0 g
- Saturates	0 g	0 g
Carbohydrates	0 g	0 g
- Sugars	0 g	0 g
Protein	0 g	0 g
Salt	0 g	0 g
Raspberry & pomegranate juices	80,5 mg	23 mg
Total Caffeine	74,5 mg	21,3 mg
Guarana	17,5 mg	5 mg
L-Carnitine	200 mg	57,1 mg
Green Tea	7 mg	2 mg

INGREDIENTS: Water, acidity regulators: E330/E331, flavour, L-Carnitine, preservatives: E202/E211, raspberry and pomegranate juices from concentrate 0,5%, caffeine, sweetener: E955, guarana extract, colour: E163, green tea extract.

POWERFUL THERMOGENIC

Thermo Booster is ideally consumed before physical activity. This zero calorie, thirst-quenching-drink containing pure fruit juice has a high content of caffeine combined with L-carnitine.

- Contains caffeine, guarana and L-Carnitine
- Great weight loss activator
- Zero sugar

actif by JUICE

Flavours	<u>RED FRUITS</u>
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Packaging	24 x 700 ml
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Use	1/2 bottle daily before training
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CARBO LOAD



SUPPLEMENT FACTS

Net 700 ml
Serving Size: 1/2 bottle (350 ml)
Flavour: Superfruit

Typical Nutritional Values

	/ 350 ml	/ 100 ml
Energy	100 kcal	29 kcal
Fat	0 g	0 g
- Saturates	0 g	0 g
Carbohydrates	24,5 g	7 g
- Sugars	24,5 g	7 g
Protein	0 g	0 g
Salt	0 g	0 g
Raspberry & grapefruit juices	80,5 mg	23 mg
Total Caffeine	74,5 mg	21,3 mg
Guarana (Paullinia Cupana)	17,5 mg	5 mg
Green Tea (Camellia Sinensis)	17,5 mg	5 mg

INGREDIENTS: Water, invert sugar syrup, acidity regulators: E330/E331, flavour, preservatives: E202/E211, raspberry and grapefruit juices from concentrate 0,5%, caffeine, guarana extract, green tea extract, sweetener: E955 colours: E122/E133.

ENERGY - PRE WORKOUT

This drink (to take before and during workout) consists of carbohydrates and pure fruit juices. To help maintain a good physical performance during an intensive training, caffeine, guarana extract and green tea extract were added.

- Contains pure fruit juice
- Improves endurance and muscle strength
- Helps fight fatigue

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Flavours SUPERFRUIT LEMON/LIME

Packaging 24 x 700 ml

Use 1/2 daily bottle before and during training session

SMART VITAMIN



SUPPLEMENT FACTS

Net 700 ml
Serving Size: 1 bottle
Flavour: Cranberry

Typical Nutritional Values

	/700 ml	/100 ml
Energy	0 kcal	0 kcal
Fat	0 g	0 g
- Saturates	0 g	0 g
Carbohydrates	0 g	0 g
- Sugars	0 g	0 g
Protein	0 g	0 g
Salt	0 g	0 g

Cranberry juice	140 mg	20 mg
Vit. B3	32 mg (200%*)	4,6 mg
Vit. C	30 mg (37,5%*)	4,29 mg
Vit. B5	12 mg (200%*)	1,7 mg
Vit. E	6,5 mg (54%*)	0,9 mg
Vit. B6	2,8 mg (200%*)	0,4 mg
Vit. A	800 µg (100%*)	114 µg
Vit. B12	5 µg (200%*)	0,7 µg

* Nutrient reference values

INGREDIENTS: Water, acidity regulators: E330/E331, flavour, preservatives: E202/E211, cranberry juice from concentrate 0,5%, sweetener: E955, colours: E102/E122/E133, vitamin B3, vit. C, B5, E, B6, A, B12.

VITAMINS & ANTIOXIDANTS

A refreshing drink with zero calories, Smart Vitamin contains all the vitamins and antioxidants you need to maintain good vitality. Made with pure cranberry juice it's a pleasure to take anytime during the day or after a workout.

- Daily protection against external aggressions
- Powerful antioxidant

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Flavours CRANBERRY

Packaging 24 x 700 ml

Use 1 bottle daily anytime in the day or after training

FIRE BURST



SUPPLEMENT FACTS

Serving Size: 250 ml (1/2 bottle)
Flavour: Punch

Typical Nutritional Values

	/250 ml	/100 ml
Energy	47,5 kcal	19 kcal
Fat	0 g	0 g
- Saturates	0 g	0 g
Carbohydrates	12,5 g	5 g
- Sugars	12,5 g	5 g
Protein	0 g	0 g
Salt	<0,03 g	<0,01g
Guarana	250 mg	100 mg
Total Caffeine	75 mg	30 mg

INGREDIENTS: water, sugar, acidifiers E330 & E331, guarana extract (0,1 %), flavour, antioxidant E300, caffeine (0,02 %), sweetener E955, colour E129.

ENERGY BOOSTER

This refreshing drink made with Guarana and Caffeine is ideal to consume before an intense physical activity. It presents a high caffeine content (30 mg/100 ml) with very little calories.

- With guarana and caffeine
- Few calories per serving
- Pre-workout energy boost

Flavours PUNCH

Packaging 24 x 500 ml

Use ½ bottle daily before or during workout

SPORT WATER



SUPPLEMENT FACTS

Typical Nutritional Values

	/500 ml	/1L
Calcium	23,5 mg	47 mg
Magnesium	4,5 mg	9 mg
Potassium	0,75 mg	1,5 mg

INGREDIENTS: water, calcium, magnesium, potassium

ENHANCED REHYDRATION

Sport Water is natural water that contains all minerals necessary to the hydric balance of the body and enables an optimal rehydration during and after a period of endurance exercise. It stands out from classic waters thanks to its very low content in sodium.

- All minerals necessary to the hydric balance
- Very low content in sodium
- Convenient spout

Flavours NATURAL

Packaging 24 x 500 ml

Use Drink daily before, during and after any physical exercise

SATISFY YOUR HUNGER ANYTIME

34%
PROTEIN

LOW
IN
SUGAR



PEANUT TIME 34% PROTEIN BAR HIGH PROTEIN & LOW SUGAR BAR

This crispy protein bar differentiates itself due to its exceptional taste, high 34% protein content and very low sugar content.

- White Chocolate coating protein bar
- 34% protein and only 2,3 g of sugar per bar

Flavours PEANUT CARAMEL

Packaging 15 x 60 g

Use Preferably between meals or after a training session

SUPPLEMENT FACTS

Serving Size: 60 g
Flavour: Peanut Caramel

Typical Nutritional Values

	/100 g	/60 g
Energy	408 kcal	245 kcal
Fat	20 g	12 g
- Saturates	9,0 g	5,4 g
Carbohydrates	34 g	20 g
- Sugars	4,0 g	2,4 g
- Polyols	29 g	17 g
Fibre	1,0 g	0,6 g
Proteins	34 g	20 g
Salt	0,50 g	0,30 g

INGREDIENTS: white maltitol chocolate coating 24% (sweetener E965, cocoa butter, whole milk powder, emulsifier E322, natural bourbon vanilla flavour), peanuts 16%, milk protein, caramel layer with sweetener 13% (sweetener E965, condensed milk, palm fat, humectant E420, emulsifier E471, flavouring, water, salt, colour E150a), collagen hydrolysate, humectant E422, whey protein concentrate, water, peanut paste, palm fat, palm oil, cocoa powder, bulking agent E460, colour E150a, flavouring.

ALLERGEN INFORMATION: milk, peanuts. May contain traces of gluten, soya, egg and nuts.



LOW
IN
SUGAR

PROTEIN JOY

SUPPLEMENT FACTS

Serving Size: 60 g
Flavour: Vanilla Crisp

Typical Nutritional Values

	/60 g	/100 g
Energy	230 kcal	383 kcal
Fat	9 g	15 g
- Saturates	5,3 g	8,8 g
Carbohydrates	21,6 g	36 g
- Sugars	2,2 g	3,6 g
Protein	22,8 g	38 g
Salt	0,36 g	0,60 g

INGREDIENTS: Milk chocolate 30% (sweetener E965, cocoa butter, whole milk powder, cocoa mass, emulsifier E322 (contains soy), flavour), milk protein, soy protein, humectant E422, collagen peptides, sweeteners E965/E955, oligofructose, bulking agent E1200, cocoa butter, palm fat, tapioca starch, whole milk powder, low fat cocoa powder, emulsifier E322 (contains soy), flavour, salt, colour E150a.

ALLERGEN INFORMATION: milk, soya. May contain traces of gluten, egg, peanuts and nuts.

CRISPY PROTEIN BAR

This crispy protein bar differentiates itself due to its exceptional taste, high 38% protein content and very low sugar content.

- Protein Bar with whole Milk Chocolate coating and Sweetener

Flavours CARAMEL COOKIE DOUGH COOKIE AND CREAM VANILLA CRISP WHITE CHOCOLATE COFFEE

Packaging 12 x 60 g

Use Preferably between meals or after a training session



SO GOOD BAR HIGH PROTEIN

SUPPLEMENT FACTS

Serving Size: 60 g
Flavour: Milk Chocolate & Caramel

Typical Nutritional Values

	/60 g	/100 g
Energy	268 kcal	447 kcal
Fat	11,2 g	18,6 g
- Saturates	5,6 g	9,4 g
Carbohydrates	24,6 g	41 g
- Sugars	21,4 g	35,7 g
Protein	18 g	30 g
Salt	0,047 g	0,078 g

INGREDIENTS: milk chocolate coating 25% (sugar, cocoa butter, whole milk powder, cocoa mass, sweet whey powder, emulsifier: E322 (soya), flavour), whey protein concentrate, glucose syrup, fructose syrup, peanuts 8,3%, gelatine, caramel flakes 4,4%, glycerine, coconut oil, emulsifier: E322 (soya), spray cream powder, thickening agent: E464, flavour.

ALLERGEN INFORMATION: Contains soy, milk, peanuts. May contain traces of gluten, hen's egg protein and nuts.

PROTEIN SNACK BAR

You can enjoy these delicious peanuts protein bars in milk chocolate or white chocolate. Extremely soft, they contain 30% of whey protein and present a balanced nutritional value.

- Carbohydrate-protein bar with delicious flavours
- 18 g of pure whey protein

Flavours MILK CHOCO & CARAMEL WHITE CHOCO & COCONUT

Packaging 15 x 60 g

Use Preferably between meals or after a sport session



LOW IN SUGAR

RECORD BAR NO CHOCOLATE COATING

SUPPLEMENT FACTS

Serving Size: 60 g
Flavour: Chocolate Brownie

Typical Nutritional Values	/60 g	/100 g
Energy	196 kcal	327 kcal
Fat	6,1 g	10,1 g
- Saturates	3,4 g	5,6 g
Carbohydrates	13,2 g	22 g
- Sugars	4,7 g	7,8 g
Fiber	13,4 g	22,3 g
Proteins	18 g	30 g
Salt	0,10 g	0,20 g

INGREDIENTS: Whey protein concentrate, sweeteners: E965II/E955/E950, syrup of fructo-oligosaccharides, filling agents: E1200/E460I, milk protein isolate, rice syrup, milk protein, vegetable fat (sunflower oil, coconut oil refined, palm oil), inulin, flavour, cocoa 2%, broken cocoa beans 2%, MCT oil (60% caprylic acid, 40% capric acid), thickening agent: E412, emulsifier: E322 (soya), acidifier: E270, antioxidant: E327.

ALLERGEN INFORMATION: soy, milk, gluten. May contain traces of egg and nuts.

VERY LOW SUGAR PROTEIN BAR

Record Bar is extra low in sugar without any chocolate coating and therefore is ideal for any kind of outdoor sports. Its protein content helps you grow and maintain muscle mass. A perfect and balanced snack which contains 30% of whey protein and is high in fiber. The bar is available in 4 delicious flavours.

- Extra low sugar
- 18 g of pure whey protein and high in fiber
- Contributes to muscle growth and maintenance

Flavours CHOCOLATE BROWNIE STRAWBERRY CHEESECAKE ITALIAN TIRAMISU

Packaging 15 x 60 g

Use Several times a day, and also after workout.



50% FULL PROTEIN BAR

SUPPLEMENT FACTS

Serving Size: 50 g
Flavour: Chocolate Cookie

Typical Nutritional Values	/100 g	/50 g
Energy	352 kcal	176 kcal
Fat	7,6 g	3,8 g
- Saturates	5 g	2,5 g
Carbohydrates	25,6 g	13 g
- Sugars	6,5 g	3,2 g
Proteins	50 g	25 g
Salt	0,46 g	0,23 g

INGREDIENTS: Protein blend (milk protein isolate, whey protein concentrate), collagen hydrolysate, humectant E422, chocolate glaze (sugar, hydrogenated and non-hydrogenated vegetable fat (palm), skim milk powder, cocoa 7%, clarified fat, emulsifier E322, flavour) (contains **gluten**), sweeteners E965II/E955, water, bulking agent E1200, cocoa powder 2,1%, soy oil, flavour, emulsifier E322 (soy), antioxidant E307.

ALLERGEN INFORMATION: gluten, milk, soy. May contain traces of hen's egg protein and nuts.

HIGH PROTEIN BAR

This high 25 g protein bar is made of 50% milk protein isolate and whey protein concentrate. This blend of proteins is the best suited for helping you grow and maintain muscle mass without storing excess fats (0 g trans fat), with only 3 g of sugar per bar.

- Low sugar and zero trans fats

Flavours CHOCOLATE COOKIE STRAWBERRY

Packaging 12 x 50 g

Use Several times per day (according to individual requirements), especially after training



30% WHEY PROTEIN BURST BAR

SUPPLEMENT FACTS

Serving Size: 70 g
Flavour: Vanilla

Typical Nutritional Values	/70 g	/100 g
Energy	263 kcal	375 kcal
Fat	8,4 g	12 g
- Saturates	6,1 g	8,7 g
Carbohydrates	21,1 g	30,1 g
- Sugars	17 g	24,3 g
Proteins	21 g	30 g
Salt	0,11 g	0,15 g

INGREDIENTS: Protein blend (Whey protein isolate, milk protein, milk protein hydrolysate), glucose syrup, syrup of fructo-oligosaccharides, fructose syrup, dark chocolate coating (cocoa liquor, sugar, cocoa butter, emulsifier E322 (soy)), coconut oil, flavour, bulking agent E460, emulsifier E322 (soy), vanilla bean powder 0,02%, antioxidant E307.

ALLERGEN INFORMATION: Soy, milk. May contain traces of gluten, hen's egg and nuts

PROTEIN RECOVERY

Protein Burst is a chocolate-coated bar enriched with 30% of protein mixed with an excellent ratio of carbohydrates. Ideal to consume during a break between intense muscular activities. The Protein Burst bar presents a soft texture and is available in 3 delicious flavours.

- Contains 30% mix of proteins
- Excellent post workout meal, helps increase recovery

Flavours CHOCOLATE STRAWBERRY VANILLA

Packaging 12 x 70 g

Use Consume 1 bar per day between meals or after an intense training session



PROTEIN WAFER 32% PURE WHEY

SUPPLEMENT FACTS

Serving Size: 35 g
Flavour: Vanilla Yoghurt

Typical Nutritional Values	/35 g	/100 g
Energy	181 kcal	517 kcal
Fat	9,3 g	26,5 g
- Saturates	5,4 g	15,5 g
Carbohydrates	13,1 g	37,3 g
- Sugars	8,5 g	24,3 g
Proteins	11,2 g	32 g
Salt	0,05 g	0,15 g

INGREDIENTS: whey protein, milk chocolate 25,71% (sugar, cocoa butter, milk powder, cocoa mass, sweet whey powder, butter, emulsifier: soya lecithin, flavouring), wheat flour, milk protein, non-hydrogenated vegetable fat (palm oil), sugar, fructose, cocoa butter, milk powder, emulsifiers: soya lecithin & E476, thickening agent: E412, raising agents: E503(ii) & E500(ii), flavouring, sweetener: E955.

ALLERGEN INFORMATION: Contains milk, soya, gluten. May contain traces of nuts, sesame, eggs.

WHEY PROTEIN SNACK

This delicious bar contains 32% pure whey protein. It is a wafer bar, like a lot of great tasting chocolate bars, making it a better option for most athletes, as well as being an easier way to digest protein. Despite its chocolate coating, it has a low content of added sugars and fat.

- 32% of pure whey protein
- Low content of added sugars and fat

Flavours CHOCOLATE VANILLA/YOGHURT

Packaging 12 x 35 g

Use Preferably between meals or after a training session

PRE-WORKOUT **ENERGY**

WEIGHT LOSS **WELLNESS**

JOINT SUPPORT



Flavours CHERRY GRAPE

Packaging 80 ml

Use 3 teaspoons (15 ml / a day) before workout

SUPPLEMENT FACTS
Serving Size: 80 ml

Typical Nutritional Values	
	/ 15 ml / 100 ml
Energy	7,5 kcal / 50 kcal
Fat	0 g / 0 g
- Saturates	0 g / 0 g
Carbohydrates	0 g / 0 g
- Sugars	0 g / 0 g
Protein	<0,09 g / <0,63 g
Salt	0 g / 0 g
Beta-alanine	750 mg / 5000 mg
L-arginine	750 mg / 5000 mg
Taurine	375 mg / 2500 mg
Citrulline malate	187,5 mg / 1250 mg
Caffeine	75 mg / 500 mg
Glucuronolactone	46,8 mg / 312 mg

INGREDIENTS: water, beta-alanine, L-Arginine, taurin, citrulline malate, anhydrous caffeine, glucuronolactone, aroma, maltodextrin, sweeteners: E955, E961, preservatives: E210, E200.

ELITE NO+
PRE-WORKOUT

Elite NO+ is a really powerful nitric oxide with a L-arginine-based formula. It is a super pre-workout, to consume only prior to training. Available in capsules, shots and as a powder to mix, it is the ideal complement for your workouts.

- Explosive pre-workout formula
- Maximum muscular pump
- Nitric oxide stimulation
- Enhancement of hard workouts for muscle growth

GUARANA KICK



ELECTRO SHOCK

Guarana Kick is a electroshock energy product, designed to give an energy boost and focus enhancement without ZERO sugars. The combination of caffeine and guarana guarantees a quick and sustained release of the stimulant effects.

- Helps you to be more focus and attentive
- Helps to increase performance
- Helps to increase energy and minimize fatigue
- Enables quick absorption

Flavours BITTER COFFEE

Packaging 12 x 80 ml

Use 15 ml per day, 3 teaspoons

SUPPLEMENT FACTS
Serving Size: 80 ml

Typical Nutritional Values	
	/ 15 ml / 100 ml
Energy	1,5 kcal / 10 kcal
Fat	0 g / 0 g
- Saturates	0 g / 0 g
Carbohydrates	<0,09 g / <0,06 g
- Sugars	<0,09 g / <0,06 g
Protein	0 g / 0 g
Salt	0,02 g / 0,1 g
Guarana extract	375 mg / 2500 mg
-Contains caffeine	21 mg / 137,5 mg
Caffeine	54 mg / 362,5 mg
Total Caffeine	75 mg / 500 mg

INGREDIENTS: water, guarana seed extract (Paullinia cupana), acidifier: E330, acidity regulator: E331, caffeine, flavour, sweeteners: E955, E950, preservatives: E211, E202.



ENERGY & WEIGHT LOSS

L-Carnitine is a ready to drink concentrated food supplement, packed with 3000 mg of L-Carnitine. It's the ideal partner for all endurance athletes and for active people who follow slimming programs.

- Helps to increase fat metabolism
- Helps the body to use fat for energy
- Helps with weight loss
- Has extreme potency and enables rapid absorption

Flavours RED FRUIT

Packaging 12 x 80 ml

Use Preferably 30 minutes before training

SUPPLEMENT FACTS
Serving Size: 80 ml

Typical Nutritional Values	
	/ 20 ml / 100 ml
Energy	1 kcal / 5 kcal
Fat	0 g / 0 g
- Saturates	0 g / 0 g
Carbohydrates	<0,1 g / <0,5 g
- Sugars	<0,1 g / <0,5 g
Protein	0 g / 0 g
Salt	0,01 g / 0,05 g
L-carnitine	750 mg / 3750 mg

INGREDIENTS: water, L-carnitine, acidifier: E330, acidity regulator: E331, avour, sweetener: E955, preservatives: E211, E202.

L-CARNITINE 3000

JOINT PLUS



ZERO SUGAR

SUPPLEMENT FACTS

Serving Size: 80 ml

Typical Nutritional Values

	/ 40 ml	/ 100 ml
Energy	11 kcal	27,5 kcal
Fat	0 g	0 g
- Saturates	0 g	0 g
Carbohydrates	<0,5 g	<1,25 g
- Sugars	0 g	0 g
Proteins	3,1 g	7,75 g
Salt	0,06 g	0,15 g
Collagen hydrolysate	2500 mg	6250 mg
Methylsulfonylmethane	750 mg	1875 mg
Glucosamine sulphate KCl	500 mg	1250 mg
Chondroitine sulphate	250 mg	625 mg

INGREDIENTS: water, collagen hydrolysate, MSM (methylsulfonylmethane), glucosamine sulphate KCl, chondroitine sulphate, acidifier: E330, acidity regulator: E331, sweeteners: E955, E950 & E961, preservatives: E211, E202, aromas, maltodextrin.

JOINTS & CARTILAGES

The health of the joints is extremely important not just for all sports, but also for your normal daily activities. Healthy and pain free joints mean a better flexibility, which is extremely important for all of us, but in particular for athletes of all sports and for the aging population. If you over stressed your joints and cartilages with hard physical activities for prolonged periods of time (such as running or weight lifting), chances are that you might need to do something to take care of your aching ankles, shoulders, knees and so on.

- Improves bone health
- Fights tiredness and fatigue
- Provides better energy throughout the day
- Enhances better health and vitality

Flavours CITRUS-GRAPE

Packaging 12 x 80 ml

Use 40 ml per day, 8 teaspoons

MAGNESIUM & VIT. B6



ZERO SUGAR

SUPPLEMENT FACTS

Serving Size: 80 ml

Typical Nutritional Values

	/ 40 ml	/ 100 ml
Energy	1,5 kcal	3,75 kcal
Fat	0 g	0 g
- Saturates	0 g	0 g
Carbohydrates	<0,3 g	<0,6 g
- Sugars	<0,3 g	<0,6 g
Proteins	0 g	0 g
Salt	0,04 g	0,1 g
Vitamin B6	(60%*) 0,84 mg	2,1 mg
Magnesium	(60%*) 225 mg	562,5 mg

*%RI = Reference Intake

INGREDIENTS: water, magnesium citrate, acidity regulators: E331, E332, acidifier: E330, preservatives: E211, E202, sweeteners: E955, E950, aroma, antioxidant: E300, vitamin B6, color: E160a.

MAGNESIUM SPORT

Magnesium is a highly beneficial food supplement that is ideal for all active people. Enriched in Vitamin B6.

- Improves bone health
- Fights tiredness and fatigue
- Provides better energy throughout the day
- Enhances better health and vitality

Flavours TROPICAL FRUIT

Packaging 12 x 80 ml

Use During the day and preferably before meal

ARE YOU A CROSSFITTER?



MAS MUSCLE ACTIVATING SYSTEM

AMINO ENDURANCE STAMINA AND STRENGTH

Amino Endurance is an amino acids and BCAA concentrated formula that will help you go beyond your limits during training and will make you quickly recover. The combination of BCAA with L-Glutamine and Creatine increases strength and muscular stamina for an intense training.

- Mix of essential Amino Acids including BCAAs, L-Glutamine and Creatine
- Optimal stamina and muscle power
- Helps recover after training

Flavours GRAPEFRUIT LEMON

Packaging 350 g (70 servings)

Use Mix daily 5 g (1 scoop) in 150 ml of water before and after exercise.



SUPPLEMENT FACTS

Serving Size: 5 g (1 scoop)
Servings per Container: 70
Flavour: Grapefruit

Typical Nutritional Values

	/5 g	/100 g
Energy	2 kcal	34 kcal
Fat	0,001 g	0,02 g
- Saturates	0 g	0,001 g
Carbohydrates	0,18 g	3,59 g
- Sugars	0,01 g	0,26 g
Protein	0,001 g	0,02 g
Salt	0,00 g	0,001 g
L-Leucine	2140 mg	42800 mg
L-Isoleucine	1070 mg	21400 mg
L-Valine	1070 mg	21400 mg
L-Glutamine	50 mg	1000 mg
L-Citrulline	25 mg	500 mg
Creatine monohydrate	50 mg	1000 mg

INGREDIENTS: L-Leucine 42,8%, L-Isoleucine 21,4%, L-Valine 21,4%, acidity regulator E330, natural flavour, sweeteners E955/E950, L-Glutamine, L-citrulline malate, creatine monohydrate, colours E160a/E162, emulsifier E322, anti-caking agent E551.

AMINO BOOST 10,000 MG



FUNCTIONAL TRAINING

SUPPLEMENT FACTS

Serving Size: 25 ml
Servings per Container: 20

Typical Nutritional Values	/ 25 ml	/ 100 ml
Energy	50 kcal	200 kcal
Fat	0 g	0 g
- Saturated	0 g	0 g
Carbohydrates	0 g	0 g
- Sugars	0 g	0 g
Protein	9,8 g	39 g
Salt	3,8 g	15 g

Amino Acids*	/ 25 ml	/ 100 ml
L-Arginine	3000 mg	12000 mg
Glycine	2000 mg	8000 mg
L-Ornithine	1410 mg	5640 mg
L-Lysine	500 mg	2000 mg
L-Proline	500 mg	2000 mg
L-Aspartic Acid	300 mg	1200 mg
L-Glutamic Acid	300 mg	1200 mg
DL-Methionine	270 mg	1080 mg
L-Phenylalanine	270 mg	1080 mg
L-Isoleucine*	225 mg	900 mg
L-Leucine*	225 mg	900 mg
L-Valine*	225 mg	900 mg
L-Threonine	200 mg	800 mg
L-Alanine	100 mg	400 mg
L-Histidine	100 mg	400 mg
L-Serine	100 mg	400 mg
L-Cystine	1 mg	4 mg
L-Tyrosine	1 mg	4 mg
Vitamins	/25 ml	/100 ml
Vitamin B1	1,4 mg (127% **)	5,6 mg
Vitamin B5	6,0 mg (100% **)	24 mg
Vitamin B6	2,0 mg (143% **)	8,0 mg

** Nutrient reference values

INGREDIENTS: Water, free form amino acids, acidifier: E330, flavour, sweeteners: E951 (contains a source of phenylalanine), E952, E950, E954, preservative: E200, Vit. B5 (D-calcium pantothenate), Vit. B6 (pyridoxine HCL), Vit. B1 (thiamine mononitrate).

FREE FORM AMINO ACIDS

10.000 mg of pure free form amino acids containing a high concentration of BCAA, L-ORNITHINE & L-ARGININE. Help towards the development and maintenance of muscle mass.

- Helps muscle growth
- Speeds up recovery
- Fast absorption

Flavours ORANGE MANDARIN

Packaging 20 x 25 ml (20 servings)

Use 1 Ampoule per day after training (dilute with 200 ml water)

BCAA'S 4:1:1 & L-GLUTAMINE



FUNCTIONAL TRAINING

SUPPLEMENT FACTS

Serving Size: 3 tabs
Servings per Container: 60

Typical Nutritional Values	/100 g	/3 tabs
Energy	244 kcal	10,2 kcal
Fat	0 g	0 g
- Saturates	0 g	0 g
Carbohydrate	0 g	0 g
- Sugars	0 g	0 g
Protein(e)	61 g	2,55 g
Salt	0 g	0 g
L-Leucin(e)	35715 mg	1500 mg
L-Isoleucin(e)	8928 mg	375 mg
L-Valin(e)	8928 mg	375 mg
L-Glutamine	7143 mg	300 mg
Vitamin(e) B6	28,5 mg (**86%)	1,2 g

INGREDIENTS: L-Leucine, bulking agent: E460, L-Isoleucine, L-Valine, L-Glutamine, anti-caking agent: E572, E551, Vitamin B6. This food supplement should not be used to replace a balanced and varied diet and a healthy way of life. Keep away from young children.

OPTIMAL RATIO

BCAA 4:1:1 (L-leucine, L-valine, L-isoleucine) is formulated according to the latest research in sports nutrition industry. Enriched with L-glutamine and Vitamin B6, the optimal 4:1:1 ratio ensures the enhanced muscle building and recovery processes.

- Helps to increase size, strength and endurance
- Extreme anticatabolic
- Enhanced muscle recovery process

Flavours NO FLAVOUR

Packaging 180 tabs (60 servings)

Use Take 3 tabs before and after workout

FEEL THE PUMP

PRE - WORKOUT FORMULA

20%
BETA ALANINE

22%
L-ARGININE A-K 2:1

31%
PUMP RX*



HYDRAVOL PRE-WORKOUT

This new extra concentrated pre-workout from QNT contains a mix of complex ingredients for a more intense training. HYDRAVOL is an extremely explosive, sugar free mix of active ingredients of high scientific value. This powerful boost from Hydravol will drive you in intense and short trainings.

- Increases strength and muscular endurance
- Fast muscular congestion
- Increases concentration during training

Flavours LEMON LIME PINEAPPLE MANGO RASPBERRY LEMONADE

Packaging 300 g (30 servings)

Use Mix daily 10 g in 250 ml of water

SUPPLEMENT FACTS

Serving Size: 10 g
Servings per Container: 30
Flavour: Lemon Lime

Typical Nutritional Values	/10 g	/100 g
Energy	12 kcal	117 kcal
Fat	0,02 g	0,20 g
- Saturates	0,02 g	0,20 g
Carbohydrates	0,48 g	4,85 g
- Sugars	0,07 g	0,77 g
Protein	1,56 g	15,65 g
Salt	0,00 g	0,00 g
L-Arginine	1525 mg	15253 mg
Beta-Alanine	2000 mg	20000 mg
Taurine	1000 mg	10000 mg
L-Citrulline	566 mg	5664 mg
Creatine	660 mg	6600 mg
Rhodiola Rosea extract	250 mg	2500 mg
Vit. B6	1,4 mg (100%*)	14 mg
Vit. B12	2,4 µg (97%*)	24 µg
Caffeine	79,6 mg	796 mg

* Nutrient reference values

INGREDIENTS: L-Arginine AKG, beta-alanine, taurine, L-citrulline malate, acidifier E330, creatine monohydrate Creapure®, dextrin, anti-caking agents E552/E551/E341, flavours, rhodiola rosea extract, sweeteners E550/E255, caffeine, colours E100/E102/E133, vit. B12 (cyanocobalamin), vit. B6 (pyridoxine HCL).

STACK FORCE POWERFUL BURNER



FUNCTIONAL TRAINING

SUPPLEMENT FACTS

Serving Size: 1 cap
Servings per Container: 100

Typical Nutritional Values		
	/100 g	/1 cap
Energy	13 kcal	0,1 kcal
Fat	0 g	0 g
- Saturates	0 g	0 g
Carbohydrates	0 g	0 g
- Sugars	0 g	0 g
Protein	< 0,1 g	< 0,1 g
Salt	0 g	0 g
Total caffeine	38742 mg	282 mg
Yerba mate extract	13738 mg	100 mg
Green tea extract	6869 mg	50 mg
Guarana extract	6869 mg	50 mg
Siberian Ginseng extract	6869 mg	50 mg
Kola nut extract	5495 mg	40 mg
Pepper extract	1374 mg	10 mg

INGREDIENTS: caffeine, gelatine, yerba mate extract, green tea extract, guarana extract, siberian ginseng extract, kola nut extract, bulking agent: E470b, anti-caking agent: E551, pepper extract, colours: E172/E122.

THERMOGENIC ACTIVATOR

Stack Force is a blend of powerful active ingredients. Along with a healthy diet and exercise, Stack Force may help enable you quickly to attain optimal training levels.

- Powerful thermogenic fat burner
- Fast absorption
- Intense pre-workout energy boost
- Promotes extreme muscular definition

Flavours NO FLAVOUR

Packaging 100 caps (100 servings)

Use 1 to 3 caps daily before training



FUNCTIONAL TRAINING

MAXI L-CARNITINE 1000 MG

SUPPLEMENT FACTS

Serving Size: 1 Tab
Servings per Container: 90

Typical Nutritional Values		
	/ 1 tab	/ 100 g
Energy	3,78 kcal	290,76 kcal
Fat	0 g	0 g
- Saturates	0 g	0 g
Carbohydrate	0,08 g	6,15 g
- Sugars	0 g	0 g
Protein	1 g	76,9 g
Salt	0 g	0,02 g
L-Carnitine	1 g	76,9 mg

INGREDIENTS: L- Carnitine L-Tartrate (77%), Micro-crystalline cellulose, Magnesium stearate: E570, Silicon dioxide: E551. This food supplement should not be used to replace a balanced and varied diet and a healthy way of life. Keep away from young children.

ULTRA STRONG FORMULA

L-carnitine increases fatty acid oxidation and reduces free radical formation, which contributes to enhanced energy and helps burn fat. An ideal partner to accompany intensive trainings.

- Ultra-strong formula
- Helps transport fat to the muscle to be burned as energy
- Supports athletic performance in endurance athletes

Flavours NO FLAVOUR

Packaging 90 tabs (90 servings)

Use 1 tablet minimum before exercise



FUNCTIONAL TRAINING

MASSIVE MASS

SUPPLEMENT FACTS

Serving Size: 150 g (3 scoops)
Servings per Container: 18
Flavour: Belgian Chocolate

Typical Nutritional Values		
	/100 g	/150 g
Energy	368 kcal	551 kcal
Fat	4,83 g	7,24 g
- Saturates	1,68 g	2,52 g
Carbohydrates	65,34 g	98,02 g
- Sugars	35,95 g	53,93 g
Protein	20,00 g	30,00 g
Salt	0,05 g	0,08 g
L-Isoleucin	0,99 g	1,49 g
L-Leucin	1,75 g	2,63 g
L-Valin	1,00 g	1,50 g
Vitamin B2	0,9 mg	(*100%) 1,4 mg
Vitamin B3	10,7 mg	(*100%) 16,0 mg
Vitamin B5	4,0 mg	(*100%) 6,0 mg
Vitamin B6	1,0 mg	(*107%) 1,5 mg
Vitamin B12	1,9 µg	(*111%) 2,8 µg

*%RI = Reference Intake

INGREDIENTS: Oat flour (contains gluten), whey protein concentrate (contains milk, emulsifier: soy lecithin (E322)), dextrose, fat reduced cocoa powder 8% thickener; E412, fructose, flavouring, sweetener: E960, vitamins: B2, B3, B5, B6, B12.

ALLERGEN INFORMATION: milk, soy and gluten.

SUPPORTS MUSCLE GAIN

MASSIVE MASS has been formulated to support the development and maintenance of muscle mass*. The combination of its particular carbohydrate mix, whey protein and B vitamins makes it exceptionally powerful and effective. *Protein contributes to the growth and maintenance of muscle mass.

- Growth and maintenance of muscle mass
- Contains oats for a perfect energy release
- Contains a mix of B Vitamins

Flavours BELGIAN CHOCOLATE VANILLA

Packaging 2,7 kg (18 servings)

Use Mix daily one serving of 150 g (3 scoops) with 450 ml of water or skimmed milk

CASEIN MICELLAR



FUNCTIONAL TRAINING

SUPPLEMENT FACTS

Serving Size: 20 g (1 scoop)
Servings per Container: 45
Flavour: Vanilla

Typical Nutritional Values		
	/20 g	/100 g
Energy	74 kcal	370 kcal
Fat	0,39 g	1,94 g
- Saturates	0,29 g	1,45 g
Carbohydrates	0,54 g	2,71 g
- Sugars	0,21 g	1,05 g
Protein	17,53 g	87,64 g
Salt	0,10 g	0,51 g
L-Leucin (BCAA)	1012 mg	5060 mg
L-Valin (BCAA)	684 mg	3420 mg
L-Isoleucin (BCAA)	542 mg	2710 mg

INGREDIENTS: milk proteins (calcium caseinate (contains milk), micellar casein (contains milk)), flavour, sweetener E955.

ALLERGEN INFORMATION: milk.

CONTROLLED MUSCLE MASS

QNT CASEIN is a mix of micellar casein and calcium caseinate. This formula delivers a protein that keeps every single biological property with an excellent amino acid profile including a high BCAA concentration. This mix of two caseins allows for a slower digestion which in turn allows for a better muscular metabolism. Controlled regular use increases your muscular potential. Combining daily use of QNT Casein with an intense workout will help you increase your lean muscle mass.

- Slower acting Protein
- Zero Sugar Added
- High in BCAA

Flavours VANILLA BELGIAN CHOCOLATE TUTTI FRUTTI

Packaging 908 g (45 servings)

Use Mix daily 1 full scoop of 20 g with 250 ml of water or milk

CHALLENGE YOUR LIMITS

PRIME WHEY WITH 100% WHEY ISOLATE

SUPERIOR PERFORMANCE PROTEIN

Improved with more BCAA than standard whey protein to help speed up muscle protein synthesis and amino absorption for effective use by the muscles. Provides high quality, essential protein and amino acids to nourish muscles as you recover from training while providing support for energy and metabolism.

- With Whey Protein Isolate
- High concentration of BCAA
- Zero sugar added

Flavours	SALTED CARAMEL	TRIPLE BERRY	VANILLA	BANANA	BELGIAN CHOCOLATE BROWNIE
	COOKIES & CREAM	COFFEE LATTE	STRAWBERRY		

Packaging 908 g and 2 kg

Use Use daily 1 or 2 servings between meals. Mix daily 2 full scoops of 30 g in 500 ml of water or skimmed milk mornings, evenings or after training. Do not exceed.

SUPPLEMENT FACTS

Serving Size: 30 g (1 scoop)
Servings per Container: 30 and 67
Flavour: Vanilla

	servings /30 g	/100 g
Energy	122 kcal	406 kcal
Fat	2,02 g	6,73 g
- Saturates	1,27 g	4,23 g
Carbohydrates	3,09 g	10,29 g
- Sugars	2,36 g	7,87 g
Fibers	0,12 g	0,39 g
Proteins on dry matter	24,50 g	81,68 g
Salt	0,09 g	0,31 g

Amino Profile (BCAA)

L-Leucin (BCAA)	2,43 g	8,09 g
L-Valin (BCAA)	1,38 g	4,59 g
L-Isoleucin (BCAA)	1,19 g	3,97 g

INGREDIENTS: Protein (whey protein concentrate and whey protein isolate (contains milk)), emulsifier: sunflower lecithin; flavouring; thickeners: guar gum, xanthan gum; emulsifier: soya lecithin; sweetener: sucralose; natural flavour

ALLERGEN INFORMATION: milk, soya.

ENERGIZE YOUR PERFORMANCE

QUICK SHOT



ENERGEL ONE SHOT QUICK ENERGY SHOT

Energel contains an exceptional mix of carbohydrates, both fast and slow (glucose, Isomaltulose and fructose), procuring a reserve of energy. In addition, in order to obtain optimal results, caffeine and guarana were added to the formula.

- Contains a mix of carbohydrates
- Contains Caffeine & Guarana
- Long Lasting energy

Flavours FOREST FRUIT LEMON-LIME

Packaging 25 x 55 ml

Use Take 1 before or during exercise

SUPPLEMENT FACTS

Serving Size: 55 ml
Flavour: Forest Fruit

Typical Nutritional Values		
	/55 ml	/100 ml
Energy	140 kcal	255 kcal
Fat	0 g	0 g
- saturated	0 g	0 g
Carbohydrates	35 g	64 g
- sugars	35 g	64 g
Protein	0 g	0 g
Salt	24 mg	44 mg
Guarana	50 mg	91 mg
Caffeine	30 mg	55 mg

INGREDIENTS: Glucose syrup, water, isomaltulose (Palatinose), fructose, acidifiers (citric acid, malic acid), flavouring, thickener (xanthan gum), guarana, preservative (potassium sorbate), salt, caffeine.





FULL ENERGY OPTIMAL BOOST

SUPPLEMENT FACTS

Serving Size: 60 g (4 scoops)
Servings per Container: 15
Flavour: Lemon Lime

Typical Nutritional Values

	/60 g	/100 g
Energy	215 kcal	359 kcal
Protein	0,00 g	0,01 g
Carbohydrates	53,3 g	88,39 g
- Sugars	34,57 g	57,62 g
Fat	0,01 g	0,02 g
- Saturates	0,00 g	0,00 g
Fibers	0,10 g	0,17 g
Salt	0,36 g	0,60 g
VIT. B1	(**100%) 1,10 mg	1,83 mg
VIT. B2	(**100%) 1,40 mg	2,33 mg
VIT. B3	(**100%) 16,00 mg	26,67 mg
VIT. B5	(**100%) 6,00 mg	10,00 mg
VIT. B6	(**100%) 1,40 mg	2,33 mg
VIT. C	(**100%) 80,00 mg	133,33 mg
Calcium	(**32%) 252,60 mg	421,00 mg
Chloride	(**27%) 216,00 µg	360,00 µg
phosphor	(**60%) 417,60 mg	696,00 mg
Caffeine	39,60 mg	66 mg

INGREDIENTS: dextrose, maltodextrin, sucrose, fructose, acidity regulator: E330, anti-caking agent: E551, tricalcium phosphate, tri sodium citrate, flavouring, sodium chloride, vitamin C, colorants: E160a, E141, sweetener: E955, caffeine, vitamins: B3, B5, B6, B2, B1. Do not exceed the recommended dosage. This food supplement should not be used to replace a balanced and varied diet and a healthy way of life. Keep away from young children. Store in a cool and dry place.

COMPLEX OF CARBOHYDRATES WITH VIT.C & CAFFEINE

High quality blend of carbohydrates for performance in endurance sports. A formula that helps maintain normal blood glucose levels during training and replenishes muscle glycogen stores. A carbohydrate refill boosting endurance and performance during prolonged exercise.

- Fast and long-lasting energy
- Help focus with caffeine
- 53 g of high-quality carbs per serving
- Enriched with minerals & vitamins

Flavours RED FRUITS LEMON

Packaging 900 g (15 servings)

Use Mix 60 g of powder (4 scoops) with 500 ml water. Use before and during exercise



ISOTONIC OPTIMAL HYDRATION

SUPPLEMENT FACTS

Serving Size: 30 g (2 scoops)
Servings per Container: 30
Flavour: Red Fruit

Typical Nutritional Values

	/30 g	/100 g
Energy	104 kcal	348 kcal
Protein	0,01 g	0,02 g
Carbohydrates	25,62 g	85,39 g
- Sugars	20,40 g	67,99 g
Fat	0,00 g	0,00 g
- Saturates	0,00 g	0,00 g
Fibers	0,01 g	0,02 g
Salt	0,46 g	1,53 g
VIT. B1	(**100%) 1,10 mg	3,67 mg
VIT. B2	(**100%) 1,40 mg	4,67 mg
VIT. B3	(**100%) 16,00 mg	53,33 mg
VIT. B5	(**100%) 6,00 mg	20,00 mg
VIT. B6	(**100%) 1,40 mg	4,66 mg
VIT. C	(**100%) 80,00 mg	266,67 mg
VIT. E	(**100%) 12,00 mg	40,00 mg
Calcium	(**16%) 126,61 mg	422,02 mg
Chloride	(**34%) 275,40 µg	918,00 µg
Magnesium	(**18%) 68,40 mg	228,00 mg
phosphor	(**34%) 254,57 mg	848,58 mg

INGREDIENTS: dextrose, sucrose, maltodextrin, fructose, acidity regulator: E330, anti-caking agent: E551, sodium chloride, tricalcium phosphate, monopotassium phosphate, flavouring, colorant: E162, trimagnesium oxide, vitamin E, sweetener: E955, vitamins: B3, B5, B6, B2, B1. This food supplement should not be used to replace a balanced and varied diet and a healthy way of life. Keep away from young children. Store in a cool and dry place.

VITAMINS AND ELECTROLYTES SUPPORT

This refreshing isotonic hydration drink helps you replenish your energy levels and replace nutrients lost through intense training thanks to its rapid supply of carbohydrates & minerals. With 25 g of carbohydrates per serving, Isotonic is boosted with vitamins and minerals and comes in two refreshing flavors: Lemon Lime and Red Fruits.

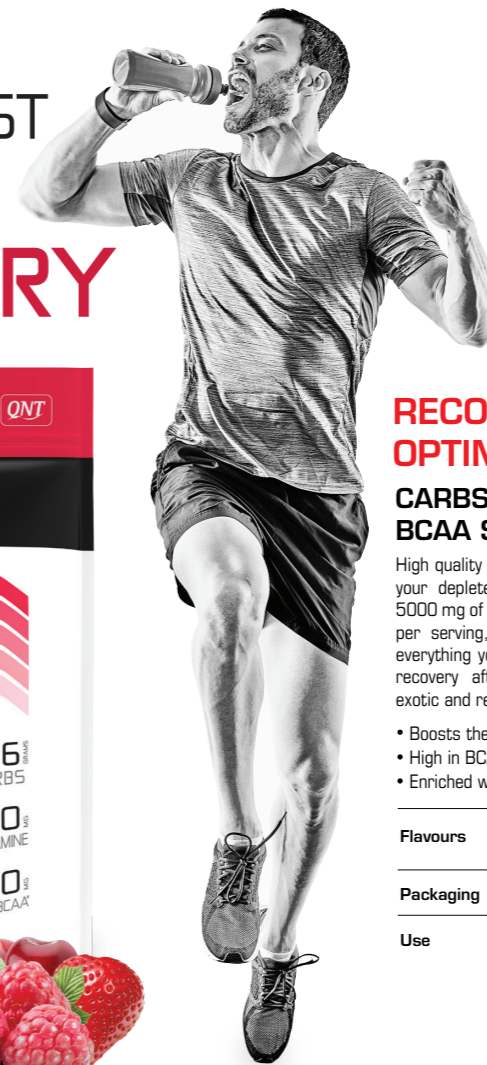
- Replenishes energy levels
- Supports the recovery process
- Enriched with minerals & vitamins
- Reduces fatigue during and after exercise

Flavours RED FRUITS LEMON

Packaging 900 g (30 servings)

Use Mix 30 g of powder (2 scoops) with 500 ml water. Take before, during or after exercise

ENSURE FAST MUSCLE RECOVERY



RECOVERY OPTIMAL SUPPORT CARBS, L-GLUTAMINE & BCAA SUPPORT

High quality blend of carbohydrates to replenish your depleted glycogen stores, enriched with 5000 mg of BCAA's and 3000 mg of L-glutamine per serving, this refreshing recovery drink is everything you need to ensure quick & effective recovery after intense exercises. Comes in exotic and refreshing Tropical flavor.

- Boosts the recovery process
- High in BCAA's & L-glutamine
- Enriched with minerals & vitamins

Flavours TROPICAL

Packaging 750 g (15 servings)

Use Mix 50 g of powder (3 scoops) with 500 ml water. Take immediately after exercise

SUPPLEMENT FACTS

Serving Size: 50 g (3 scoops)
Servings per Container: 15
Flavour: Tropical

Typical Nutritional Values

	/50 g	/100 g
Energy	178 kcal	357 kcal
Protein	8 g	16 g
Carbohydrates	36,07 g	72,13 g
- Sugars	33,56 g	67,11 g
Fat	0,00 g	0,00 g
- Saturates	0,00 g	0,00 g
Fibers	0,03 g	0,07 g
Salt	0,30 g	0,60 g
VIT. B1	(**100%) 1,10 mg	2,20 mg
VIT. B6	(**100%) 1,40 mg	2,80 mg
VIT. C	(**100%) 80,00 mg	160,00 mg
VIT. E	(**100%) 12,00 mg	24,00 mg
Calcium	(**26%) 210,00 mg	420,00 mg
Chloride	(**22%) 180,00 mg	360,00 mg
Phosphor	(**50%) 348,00 mg	696,00 mg
L-Glutamine	3000 mg	6000 mg
L-Leucine	2500 µg	5000 µg
L-Isoleucine	1250 mg	2500 mg
L-Valine	1250 mg	2500 mg

INGREDIENTS: dextrose, sucrose, BCAA 2:1:1 (L-Leucine, L-Isoleucine, L-valine, emulsifier: E322), fructose, acidity regulator: E330, L-glutamine, maltodextrin, anti-caking agent: E551, tricalcium phosphate, flavouring, Tri sodium citrate, sodium chloride, colorants: E162, E160a, vitamin C, sweetener: E955, thickener: E412, vitamins: E, B6, B1. This food supplement should not be used to replace a balanced and varied diet and a healthy way of life. Keep away from young children. Store in a cool and dry place.



3H ENERGIZER BAR

SUPPLEMENT FACTS

Serving Size: 80 g
Flavour: Banana

Typical Nutritional Values

	/80 g	/100 g
Energy	310 kcal	387 kcal
Fat	13,3 g	16,6 g
- saturated	8,2 g	10,2 g
Carbohydrates	42,5 g	53,1 g
- sugars	23,1 g	28,9 g
Proteins	4,6 g	5,7 g
Salt	<0,01 g	<0,01 g

INGREDIENTS: oat flakes 32,5% (gluten), invert sugar syrup, banana flakes 10%, banana mash 10%, coconut flakes 9%, vegetable fat (palm oil), raisins 6,5%, humectant: glycerine, raw cane sugar, flavour, preservative: E202.

ALLERGEN INFORMATION: gluten

LONG LASTING ENERGY

This highly nutritious snack, made with fruit and oats, is a very active concentrate, helping to release both a fast and sustained energy flow. Its unique taste and fruit combination (such as raisins and coconut) make it an ideal choice for all sportsmen and women who wish to maintain their performance throughout exercise. The right balance between proteins, carbohydrates and lipids, as well as its packaging (no chocolate coating melting in the heat!) makes this bar complementary to any sport or activity.

- High quality carbs - fast and sustained energy flow
- Ideal for physical outdoor sports

Flavours CHOCOLATE BANANA

Packaging 15 x 80 g

Use Before, during or post workout.



ENERJACK BAR

SUPPLEMENT FACTS

Serving Size: 75 g
Flavour: Cafe Latte

Typical Nutritional Values

	/75 g	/100 g
Energy	320 kcal	427 kcal
Fat	15 g	20 g
- saturated	6,5 g	8,7 g
Carbohydrates	40 g	54 g
- sugars	21 g	28 g
Fibre	3,7 g	4,9 g
Protein	4,9 g	6,5 g
Salt	0,20 g	0,26 g

INGREDIENTS: oats, golden syrup, vegetable margarine (palm oil, rapeseed oil, water, emulsifier: E471), white chocolate flavour topping (13%) (sugar, palm oil, whey powder (from milk), wheat flour (with added calcium, iron, niacin, thiamine), emulsifier: soya lecithin, natural flavouring), sweetened condensed skimmed milk (skimmed milk, sugar), natural avouring ground coffee (0,3%), antioxidant: extract of rosemary.

ALLERGEN INFORMATION: May contain traces of barley, egg, peanuts, nuts and sulphur dioxide.

ENERGY BAR WITH PROTEIN

This highly nutritious snack, made of oats and protein. Helping to release both a fast and sustained energy flows. The right balance between carbohydrates and protein. Contains fiber for better digestion and excellent antioxidant (Extract of rosemary).

- Fast Energy & Recovery
- Ideal for endurance sports

Flavours DOUBLE TOPPED CHOCOLATE COFFEE LATTE

Packaging 12 x 75 g

Use Before, during or post workout.

Be Fit,
Slim & Sexy



Protein Bar



SUPPLEMENT FACTS

Serving Size: 35 g
Flavour: Vanilla

Typical Nutritional Values

	/35 g	/100 g
Energy	133 kcal	382 kcal
Fat	4,4 g	12,6 g
- Saturates	3,2 g	9,1 g
Carbohydrate	11 g	31,5 g
- Sugars	9,3 g	26,6 g
Protein	10,5 g	30,1 g
Salt	0,06 g	0,17 g

INGREDIENTS: milk protein, milk chocolate 14,9% (sugar, cocoa butter, whole milk powder, cocoa mass, sweet whey powder, emulsifier E322 (soya), vanilla extract), glucose syrup, fructose syrup, syrup of fructo-oligosaccharides, coconut oil, flavour, bulking agent E460, emulsifier E322 (soya), vanilla bean powder 0,02%, antioxidant E307a.

ALLERGEN INFORMATION: milk, soya. May contain traces of gluten, hen's egg protein and nuts.

HIGH PROTEIN SNACK

When following a high protein diet, Easy Body bars, with a delicious thin chocolate coat, are an amazing snack for anyone paying close attention to their weight. Each bar contains over 10 g of high biological value whey protein. Easy to take along with you, Easy Body bars are a fantastic snack to reduce your appetite and to combine with training.

- Contains 10 g protein per bar
- Helps in weight loss

Flavours	DOUBLE CHOCOLATE	VANILLA	STRAWBERRY	COCO
Packaging	24 x 35 g			
Use	1 bar before, during or after training, or as a snack between meals			



Meal Exchange Bar

SUPPLEMENT FACTS

Serving Size: 60 g
Flavour: Red Fruits

Typical Nutritional Values

	/60 g	/100 g
Energy	224 kcal	373 kcal
Fat	6 g	10,1 g
- Saturates	2,6 g	4,3 g
Carbohydrates	24,7 g	41,2 g
- Sugars	21,2 g	35,4 g
Fibre	3,9 g	6,5 g
Protein	15,2 g	25,4 g
Salt	0,5 g	0,8 g
Linoleic acid	1,2 g	1,9 g
Calcium	221 mg (28%*)	369 mg
Phosphor	327 mg (47%*)	545 mg
Potassium	520 mg (26%*)	866 mg
Iron	5,3 mg (38%*)	8,9 mg
Zinc	3,2 mg (32%*)	5,3 mg
Copper	0,48 mg (48%*)	0,8 mg
Iodine	44,8 µg (30%*)	74,6 µg
Selenium	22,2 µg (40%*)	37 µg
Magnesium	56,7 mg (15%*)	106 mg
Manganese	0,65 mg (33%*)	1,1 mg
Molybdenum	9,9 µg (20%*)	16,6 µg
Sodium	202 mg	337 mg
Vit. B1	0,45 mg (41%*)	0,75 mg
Vit. B2	0,67 mg (48%*)	1,1 mg
Niacin	5,8 mg (36%*)	9,7 mg
Vit. B6	0,52 mg (37%*)	0,86 mg
Folic acid	95,5 µg (48%*)	159 µg
Vit. B12	1,8 µg (72%*)	3 µg
Biotin	18,8 µg (38%*)	31,3 µg
Vit. B5	1,1 mg (18%*)	1,8 mg
Vit. A	259 µg (32%*)	432 µg
Vit. D	1,5 µg (30%*)	2,5 µg
Vit. E	4,7 mg (38%*)	7,7 mg
Vit. C	19,7 mg (18%*)	23,7 mg

INGREDIENTS: Fructose syrup, soy protein crisps (soy protein, rice flour, soy flour, salt, white chocolate (sugar, cocoa butter, milk powder, emulsifier E322 (soy), natural flavour), glucose syrup, whey protein concentrate, soy protein, soy oil, thickener E414, corn dextrin, flavour, strawberries 1%, raspberries 1%, acidifier E330, emulsifier E322 (soy), maltodextrine, bulking agent E464. **Vitamins and minerals:** dipotassium phosphate, sodium citrate, tricalcium phosphate, magnesium carbonate, vit. C (L-ascorbic acid), ferrous phosphate, vit. E (D-alpha-tocopheryl acetate), vit. B5 (nicotinamide), zinc oxide, vit. B5 (calcium-D-pantothenate), manganese sulfate, cupric carbonate, vit. B6 (pyridoxine hydrochloride), vit. B2 (riboflavin), vit. B1 (thiamin mononitrate), vit. A (retinyl acetate), folic acid (pteroylmethylglutamic acid), sodium selenite, sodium iodide, D-biotin, vit. D (cholecalciferol), vit. B12 (cyanocobalamin).

ALLERGEN INFORMATION: soy, milk. May contain traces of gluten, hen's egg protein and nuts.

MEAL REPLACEMENT
1 BAR = 1 MEAL

To replace a meal, these delicious crunchy bars are particularly recommended during a balanced weight loss program supplemented with other balanced food. After a special research study, we created a product with a perfect balance between proteins, fats and carbohydrates. This way, you can replace any meal during the day.

- Balanced meal replacement
- Contains essential vitamins & minerals

Flavours	RED FRUITS
Packaging	15 x 60 g
Use	Ideal when a balanced meal is not possible



Protein Powder

SUPPLEMENT FACTS

Serving Size: 20 g (1 scoop)
Serving per container: 17
Flavour: Vanilla/Cream

Typical Nutritional Values

	/20 g	/100 g
Energy	78 kcal	391 kcal
Fat	1 g	4,9 g
- Saturates	0,6 g	2,9 g
Carbohydrates	2,3 g	11,7 g
- Sugars	1,8 g	9,1 g
Protein	14,9 g	74,3 g
Salt	0,17 g	0,83 g
Vit. B3	(23%*) 3,6 mg	18,3 mg
Vit. B5	(20%*) 1,2 mg	6,1 mg
Vit. B6	(29%*) 0,4 mg	2 mg
Vit. B2	(21%*) 0,3 mg	1,6 mg
Vit. B12	(30%*) 0,75 µg	3,8 µg

* Nutrient references values

INGREDIENTS: Whey protein concentrate (contains milk), soya protein, calcium caseinate (contains milk), fructose, flavour, thickening agents E412/E415, sweetener E955, vit. B3 (nicotinamide), vit. B5 (D pantothenate, calcium), vit. B6 (pyridoxine hydrochloride), vit. B2 (riboflavin), vit. B12 (cyanocobalamin).

ALLERGEN INFORMATION: milk, soya.

DIET NUTRITION
PROTEIN POWDER

Particularly rich in protein and available in a wide variety of flavours, the Easy Body powders will become the active partner of your protein diet. Their low content in carbohydrates and fats is an asset to anyone wishing to combine vitality, well-being and balance. They may be consumed hot or cold as appropriate to your choice of flavours.

- High-protein preparation with vitamins B
- Contains 78 kcal and 15 g protein per serving

Flavours	BELGIAN CHOCOLATE	ITALIAN CAPPUCCINO	STRAWBERRY/BANANA
	VANILLA/CREAM	CHOCOLATE/COCO	
Packaging	350 g (17 servings)		
Use	Mix daily 20 g with 25 ml of water or milk		

Lipitek



SUPPLEMENT FACTS

Serving Size: 2 caps
Servings per container: 45

Typical Nutritional Values

	/2 caps	/100 g
Energy	0,8 kcal	54 kcal
Fat	0 g	0 g
- Saturates	0 g	0 g
Carbohydrates	< 0,01 g	< 0,1 g
- Sugars	< 0,01 g	< 0,1 g
Protein	0,2 g	13,2 g
Salt	0 g	0 g
Yerba mate extract	250 mg	16276 mg
Capsimax®	200 mg	13021 mg
Guarana	200 mg	13021 mg
Caffeine	80 mg	5210 mg
Green tea extract	200 mg	13021 mg
Dandelion extract	100 mg	6510 mg
Resveratrol	25 mg	1628 mg
Pomegranate extract	25 mg	1628 mg
Chromium	(60%*) 24 µg	1560 µg

* Nutrient references values

INGREDIENTS: Dicalcium phosphate, yerba mate extract (Ilex Paraguariensis), gelatine, Capsimax® (pepper extract) (Capsicum Annum L.), guarana (Paullinia Cupana Kunth. Ex) (contains sulphur dioxide and sulphites), green tea extract (Camellia Sinensis), dandelion extract (Taraxacum Officinale Weber), bulking agent: E470B, resveratrol, pomegranate extract (Punica Granatum), colour E171, chromium picolinate.

ALLERGEN INFORMATION: sulphur dioxide and sulphites.

BURN FAT & CALORIES

Lipitek will help burn more calories than a diet alone. Thanks to its metabolic booster, lipitek may help tone and slim the body. It also increases your energy levels and your ability to burn body fat dramatically.

- Burn calories, target carbohydrates, reduce fat
- Contains clinically researched capsimax™
- All natural ingredients

Flavours	NO FLAVOUR
Packaging	90 caps (45 servings)
Use	Take 1 capsule with water in the morning and at lunchtime

Waterless



NEW FORMULA!

SUPPLEMENT FACTS
Serving Size: 3 caps
Servings per container: 30

Typical Nutritional Values		
	/3 caps	/ 100 g
Energy	0,9 kcal	50,49 kcal
Fat	0 g	2,8 g
- Saturates	0 g	2,8 g
Carbohydrates	0 g	14,2 g
- Sugars	0 g	0,6 g
Protein	0,3 g	16,83 g
Salt	0 g	0 g
Stinging Nettle extract	600 mg	33,66 g
Juniper extract	600 mg	33,66 g
Dandelion extract	300 mg	16,83 g
Vit. B6	(268% *) 3,75 mg	210 mg

* Nutrient references values

INGREDIENTS: Stinging Nettle extract (Urtica dioica), juniper extract (Juniperus communis), dandelion extract (Taraxacum officinale), gelatin, anti-caking agent: E470b, vitamin B6, colour: E171. This food supplement should not be used to replace a balanced and varied diet and a healthy way of life. Keep away from young children.

STOP EXCESS WATER!

Developed using a specifically selected blend of natural herbs including Dandelion, Water Less helps reduce unwanted excess water from problem areas like waist, hips and thighs.

- All-natural formula
- Helps fight against excess water
- Helps slim & tighten problem areas

Flavours NO FLAVOUR

Packaging 90 caps (30 servings)

Use Take 3 capsules with a large glass of water at bedtime



REDUCES CELLULITE QUICKLY

Thanks to its double action formula and the mix of active ingredients CLA and L-Carnitine, the Detox gel allows you to eliminate the lipid fats stored in your body's adipose cells. In short, this helps reduce fluid under the skin, firms the skin and eliminates cellulite. Thus tightening the skin and improving its elasticity.

- Helps eliminate cellulite
- Fast acting & long lasting
- Tightens skin using cla & L-Carnitine

Flavours NO FLAVOUR

Packaging 100 ml

Use Apply twice daily (ideally in the morning and in the evening). Can be used consistently for maximum benefit

Cellulite Gel

GUIDELINES

USE :
Apply in the morning and evening. You can also wrap the desired body part with cling-film. Keep the film on for 30 mins and remove without wiping.

Do not use on irritated skin, wounds or varicose veins. This product's use is also not advisable for persons sensitive to any of the components. Try on a small part of your skin before covering larger areas. For external use only. Avoid all contact with the eyes and mucous membranes.

INGREDIENTS : Aqua, Dipropylene Glycol, Hedera Helix, Equisetum Arvense, Carbomer, Sodium Hydroxide, Fucus Vesiculosus, Conjugated Linoleic Acid, L-Carnitine, Rosmarinus Officinalis, Caprylyl glycol, Methyl Nicotinate, CI 42051. EMB:B-01716.

SHAKERS



GNT BEP and DEHP free plastic shaker bottle (600 ml)
Colour: Black & Orange
Size: 600 ml



GNT Shaker bottle 600 ml
2nd part of 150 ml for tabs and caps
3rd part of 200 ml for 1 serving size
Size: 950 ml



Easy body Shaker white colour
Size: 600 ml



Purity Shaker white colour
Colour: Black, Blue, Magenta, Purple, Yellow, Green & Red
Size: 600 ml



LEATHER BELT

QNT weight lifting belt unpadded leather 790P 50"
Size: M & L



T-SHIRT

QNT T-Shirt 100% Cotton / Black
Size: M, L & XL



QNT BAG

QNT High Quality Nylon Gym Bag



QNT CAP

Available in various colours
Size: One size fits all



DISPLAY STANDS



POWER STRAP

Power Strap / Black



WRIST WRAP

Wrist Wrap / Black



FITNESS GLOVES

Gloves-Standard / Black
Size: M, L & XL



LONG STRAPS GLOVES

Gloves-Long Strap / Black
Size: M, L & XL



ROLL UPS



CATALOGUE



POSTER BOARDS

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